

# Office

## Brochure



All the products (shown here) may not be available at the store. Please contact the staff or look at [www.IKEA.co.id](http://www.IKEA.co.id) for more information. For more detailed product information, see the price tag and the internet. All units require assembly.

# Your business is our business!

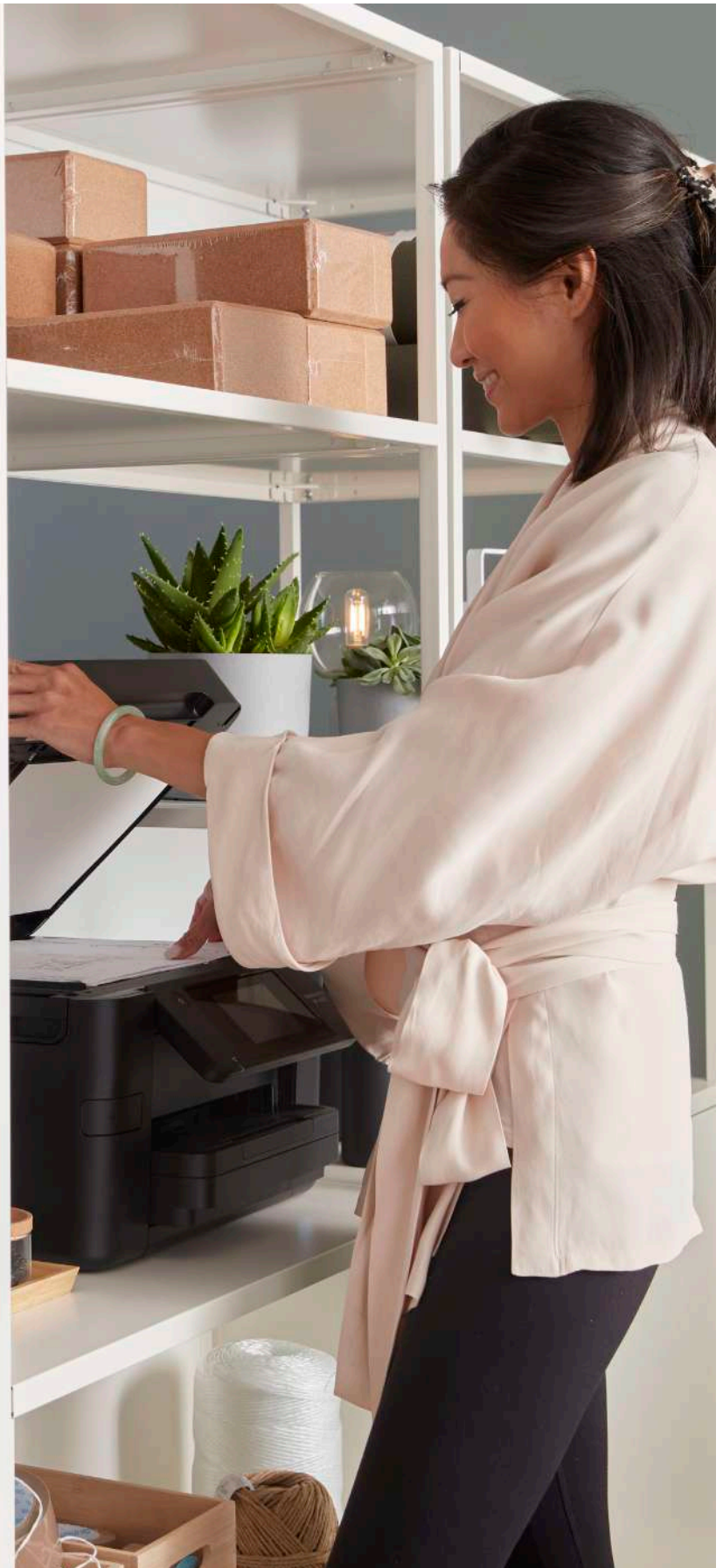
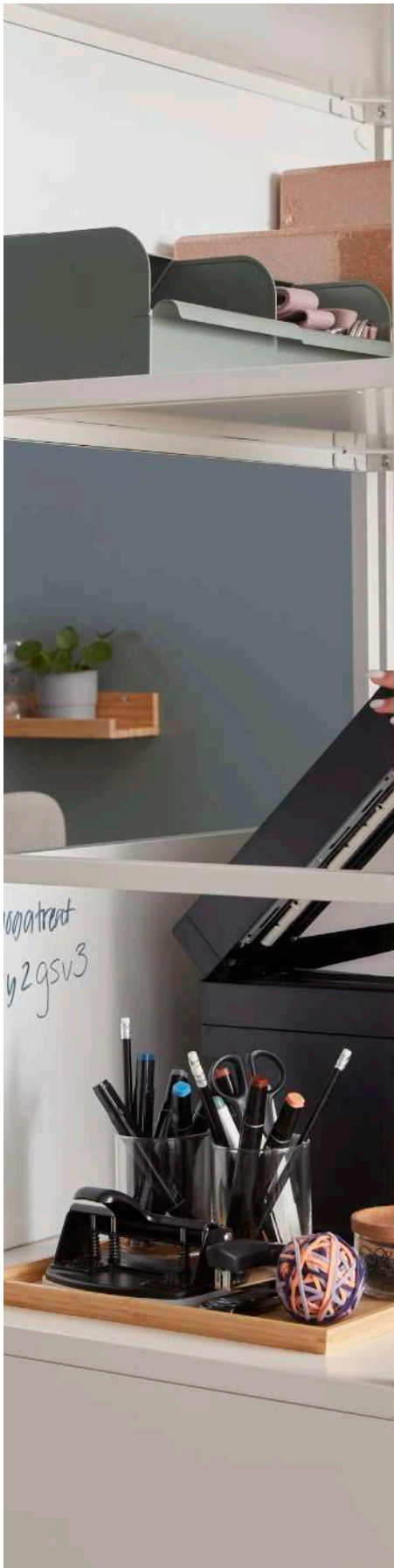
Everyone deserves a healthy, appealing and comfortable workplace, whether you are working out of a home office, starting up a small enterprise or greeting guests at your 10th hotel location. At IKEA, we know that the best efforts are made in surroundings that are functional, ergonomic and reflect the unique identity of your business and your customers. A space to admire, that also focuses on your well-being.

As you browse through these pages, we hope you will get inspired by our

wide range of office furniture and clever acoustic solutions – all designed with quality and flexibility in mind. As a confirmation of the high quality, we proudly offer a 10-year guarantee on all our office furniture families. Once ideas start to take shape, we are there to help – get in touch and let us help you find the right service for your business.

See you soon,  
The IKEA for Business team







**Quietly brilliant**

Did you know our MITTZON acoustic screens can help create calm zones that enhance your ability to focus? They are filled with wood fibres and dressed in a thick durable fabric that is also removable and washable.



**Stay healthy when sitting**

Want to know how to achieve an ergonomic seating position that boosts your health and comfort? We show you how.

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# At our company, well-being goes first

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"Welcome to our engineering consultancy! Are you curious to know how we created a modern workplace that puts the comfort and well-being of our employees first? It's important that we feel good at work – this way we produce better and can extend our energy to the needs of our customers. Check out how we achieved a calm and harmonious environment where we thrive every day."



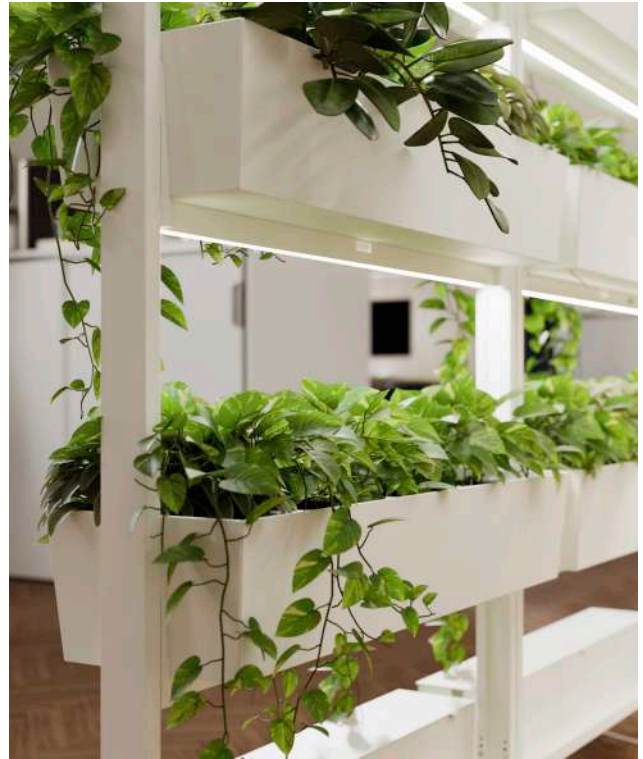


"Do you ever long for a cosy niche, where you can relax and focus on a task undisturbed? We love this comfy nook that provides a private space in our shared office."





"Sometimes the best ideas hatch when we least expect it. That's why we created workshop areas where we stand and meet. This keeps the energy up and the ideas flowing."



"We brought nature indoors! By dividing some of our spaces with green walls, the office became more pleasant and relaxed."



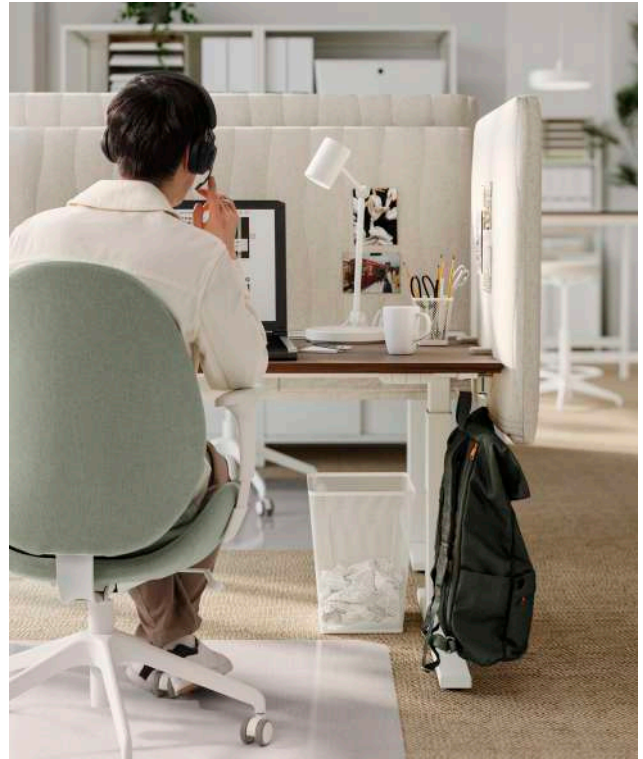
"These clever hooks keep essentials handy when we need them."



"Every office needs dedicated spaces for one-on-one chats. This room offers a peaceful space for focused discussions without disruption."



"The small compartments on our desks are perfect for storing post-its, pens and other essentials."



"The hooks on the sides of the desks keep things like backpacks off the floor."



"Desk-mounted acoustic screens give privacy and help to calm the atmosphere so our master minds can focus."



"We attached whiteboards on the room dividers to display important messages or reminders."









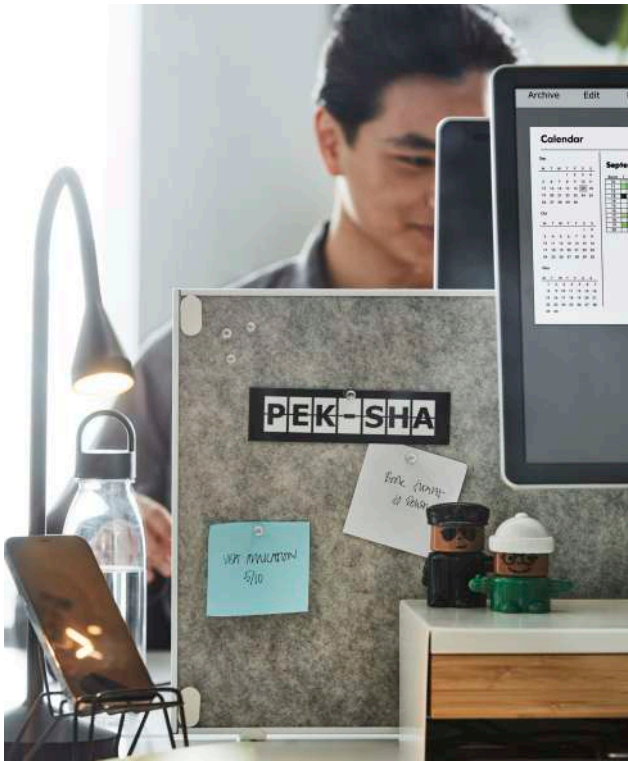




## We sell world travel on a 20 m<sup>2</sup> floor plan

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"As a start-up travel agency, we book trips, take calls from customers, connect with other travel agencies, and plan itineraries – all within the confines of our 20 m<sup>2</sup> office. Despite the challenge, we have optimised our limited space and created a multi-functional area that accommodates our work, storage, meetings, and social activities."



"Monitor stands with drawers hold smaller office supplies and help keep the desk tidy. We added a convenient noticeboard where we pin important telephone numbers and to-do lists."



"Our compact office space is functional and efficient. These shallow cabinets are perfectly suited to our limited space, providing ample storage for binders, documents and clothes such as shoes and coats."



"Our team has created a cosy corner using the light-weight drawer unit. It provides an area for coffee breaks or catching up on pending tasks."





"But that's not all - our cabinets have also been transformed into a clever kitchenette for our lunches. We store tableware, utensils and a microwave for heating food."







## Our office is a calm place in the heart of the city

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"When we step inside our cosy accounting firm in the morning, we feel relaxed and ready to focus on our clients' financials. Our coordinated set-up is inspired by the classic, industrial age, where the limited space must not stand in the way of comfort, performance and good results."



"See the rounded corners? They are part of the design that creates a stylish and cohesive theme throughout the office."



"We adore the green steel cabinet. It holds everything from the bulkiest binders to the smallest paper clips – plus the splash of colour adds character to the place."

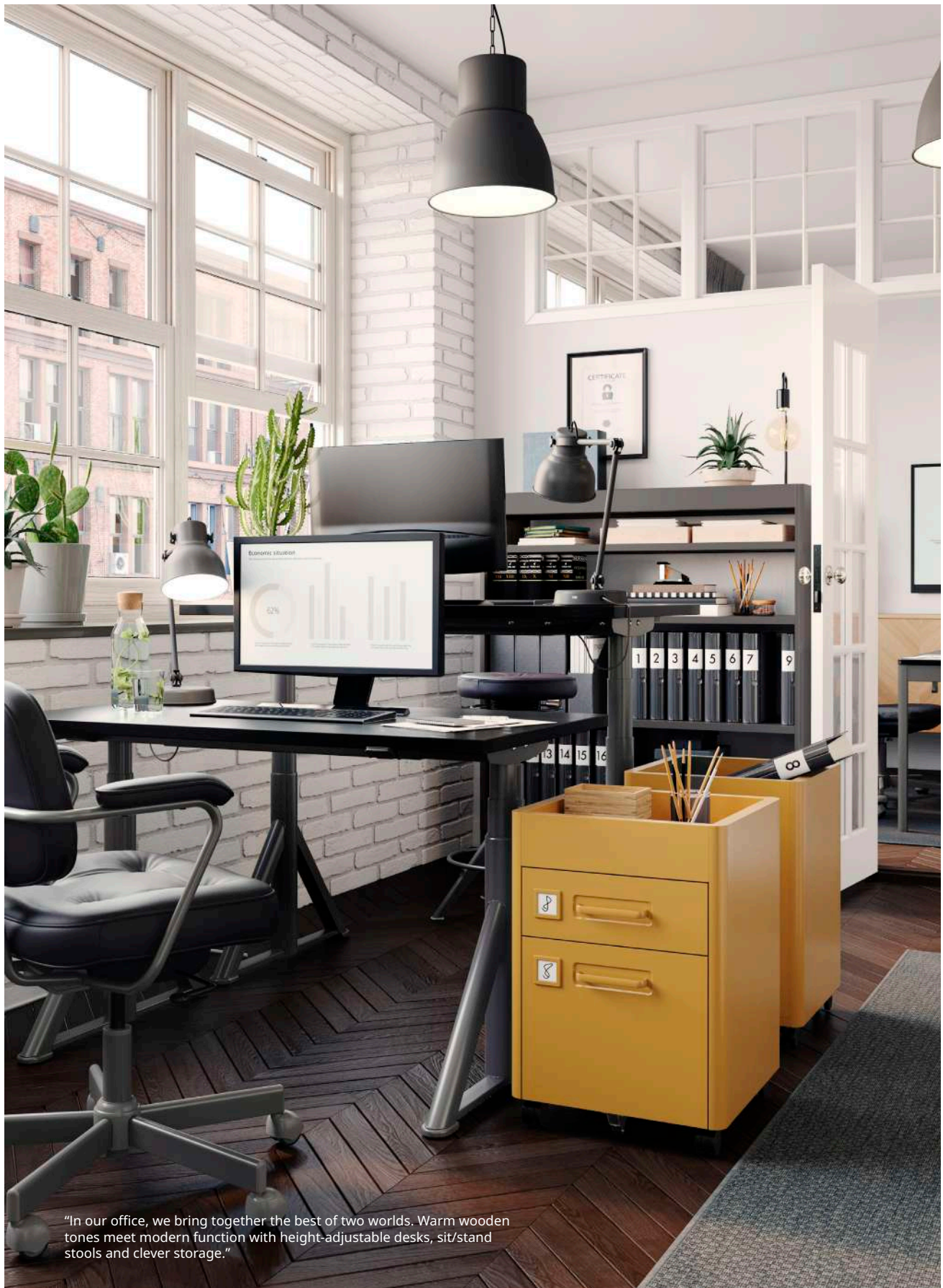


"With limited space for desk work, our office relies heavily on an additional room for meetings, group discussions and moments that require privacy. Maintaining the same style as the rest of the office creates an ideal environment for both relaxed and focused sessions."



"You can never have too much storage space. With appealing storage furniture, even the hallway can be put to good use."





"In our office, we bring together the best of two worlds. Warm wooden tones meet modern function with height-adjustable desks, sit/stand stools and clever storage."









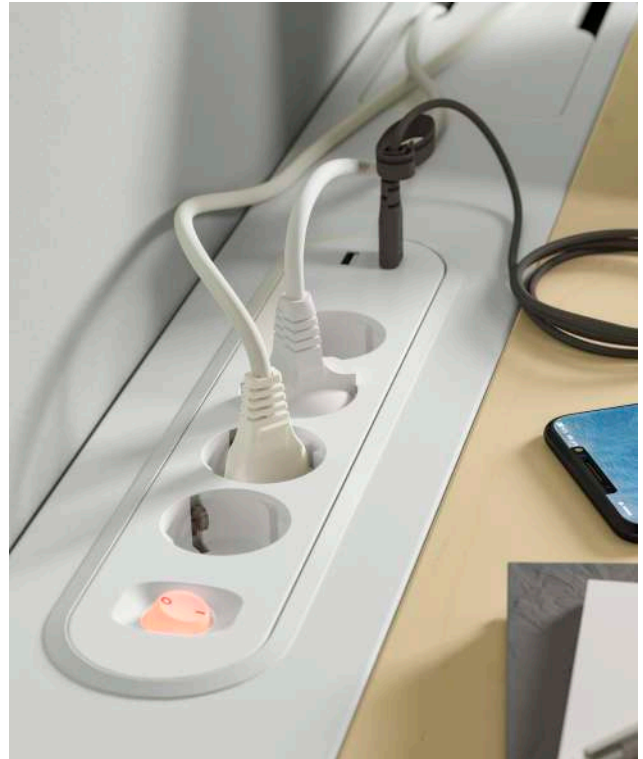
## My home is my castle... and my office

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"Most importantly it is the ideal backdrop for focused and peaceful work. As a writer, I need a space where I feel relaxed and where inspiration flows as freely as morning coffee. For this purpose, I've created my own personal haven – blending form, ergonomic comfort and function all after my own taste."



"Sometimes, I invite friends or colleagues over for lunch. A blend of work and socialising boosts my energy and inspires."



"I finally found a way to manage unruly cables – it's funny how small details like this give me peace of mind."



"My favourite wall art sets the stage for a great mood and creative work."



"Despite the compact size of my office, I keep everything organised, proving that great things indeed come in small packages. This drawer unit is a perfect fit."





"My chair is my most important piece of furniture. It has all the ergonomic features I need to keep me comfy while working long hours."

# Ergonomic solutions for a healthier you

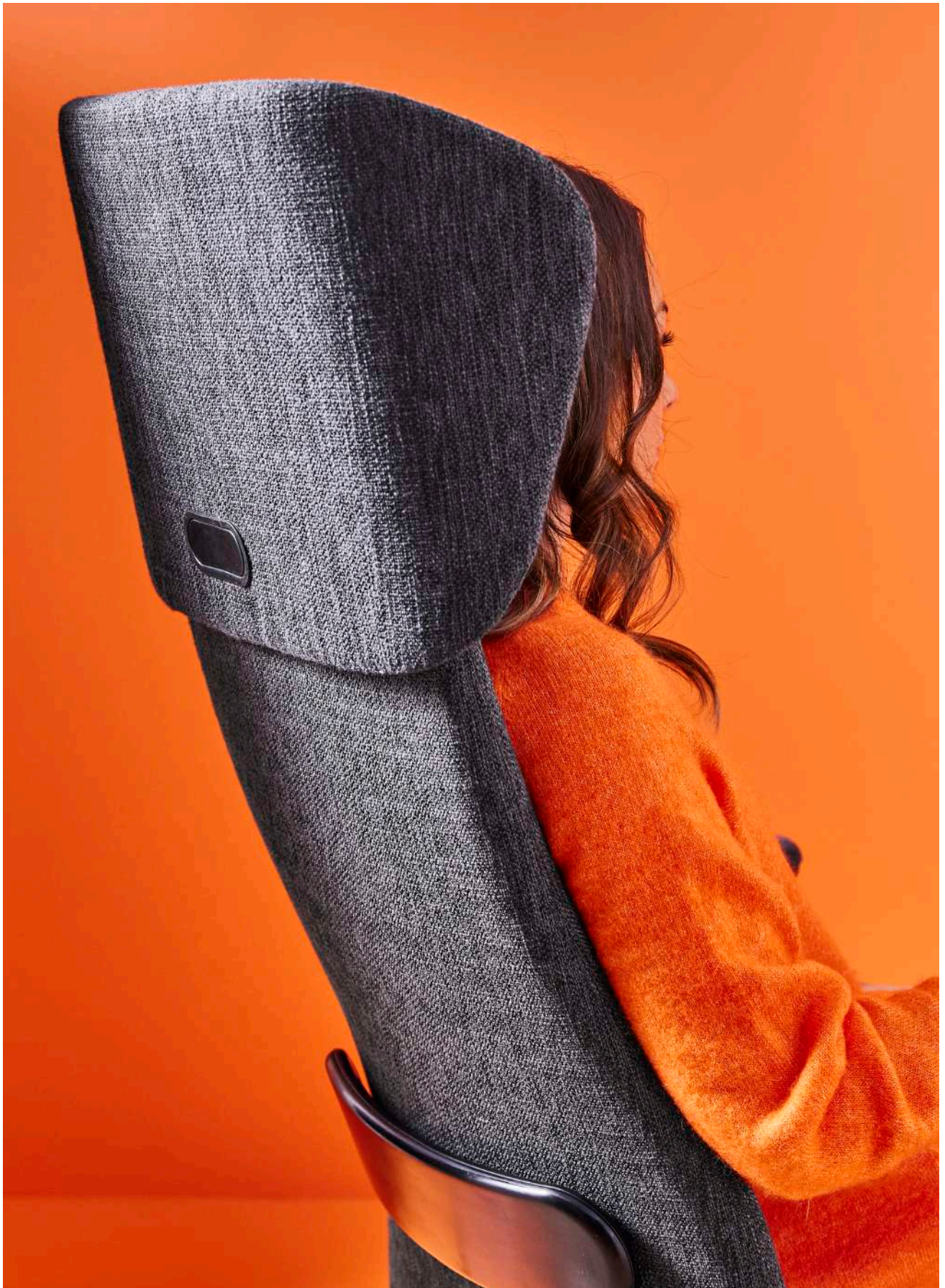
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Whether working in an office or at home, many of us spend the majority of the day at a desk. Sometimes, working for longer periods in a bad or uncomfortable position can cause neck and back injuries as well as other health problems.

An ergonomic workspace is one that is customised to your personal needs, allowing you to work in a comfortable and safe way. Since we are all different shapes and sizes, it is important to have

an ergonomic workspace that is adapted to your body. This not only benefits your health and well-being; it also contributes to improved focus and productivity.







## Feel good and work better

We want to help you achieve an ergonomic working environment that suits you and promotes good health. This means adjusting the workspace to your needs, adopting an ergonomic position and keeping as mobile as possible. The human body is made to move, so

ideally your workspace should give you the choice of sitting, standing and leaning, allowing you to change positions often. And if you feel good at work, you will work better.



## Nine steps to good ergonomics in your workspace

# 1. Ensure an ergonomic chair



An ergonomic office chair provides proper support for the back, neck, and arms, reducing the risk of discomfort and musculoskeletal issues. It promotes good posture, improves blood circulation and allows for greater comfort and productivity throughout the workday.

Always look for an office chair with good lumbar support and a variety of features that can be adjusted to fit your body.

## 2. Enable switching between sitting leaning and standing

A height-adjustable desk allows you to change position often. Alternating between sitting and standing reduces the risk of injury and increases circulation, as well as productivity.

A sit/stand support enables a position between sitting and standing, and is ideal when you have a height-adjustable desk. It provides freedom of movement, activates and strengthens the core muscles of your body and improves blood circulation.

The top of your work surface should be elbow height and your elbows should be at a 90° angle when sitting or standing at your desk.





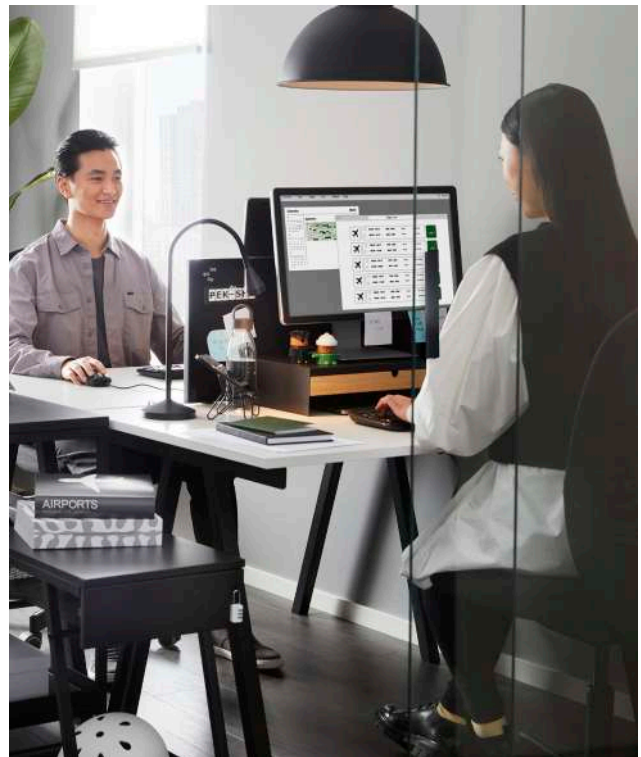
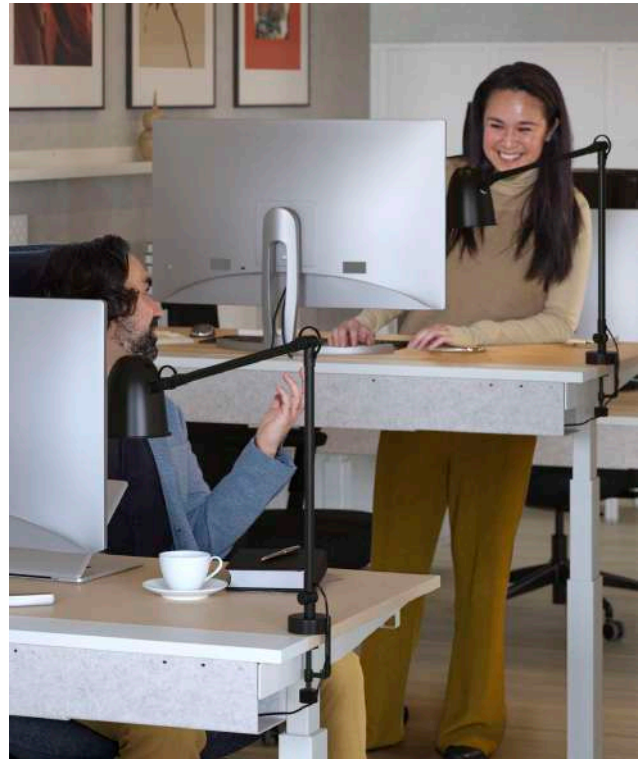
### 3. Improve the acoustic environment



Acoustic screens absorb and reduce sounds such as laughing, ringtones and typing, creating a quieter and more focused environment. They provide privacy, minimise interruptions and contribute to a more peaceful and productive workspace. Curtains, rugs and other textiles also help absorb sound.

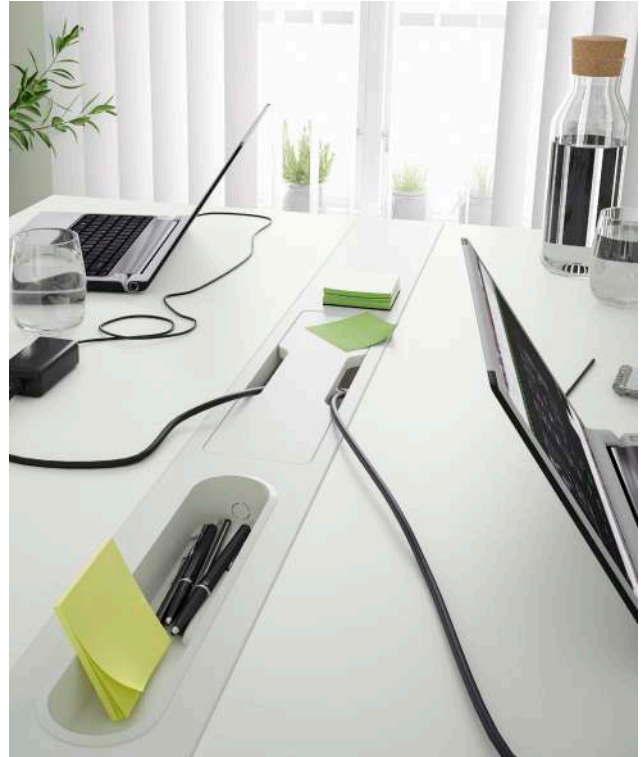
## 4. Position your monitor correctly

Make sure your monitor is not placed too close. With your chair pulled in and arms stretched in front of you, you should not be able to touch the screen. The monitor should be placed directly in front of you, with the top just below eye level. A monitor stand allows you to position your screen at the right level, reducing strain on your neck and promoting better posture.





## 5. Hide messy cables



Cable management creates a clean and organised workspace, reducing visual clutter and promoting a sense of calm. It gives easier access to devices and prevents tripping hazards. Desktop-mounted solutions add convenience and prevent strains from bending and reaching for outlets under the desk.

## 6. Combine different types of lighting

Proper lighting reduces eye strain, enhances focus and creates a comfortable and inviting atmosphere. Usually, a combination of different types of lighting is ideal.

**General lighting** provides a uniform light throughout the room.

**Task lighting** such as a desk lamp, provides a concentrated beam of light over a limited area.

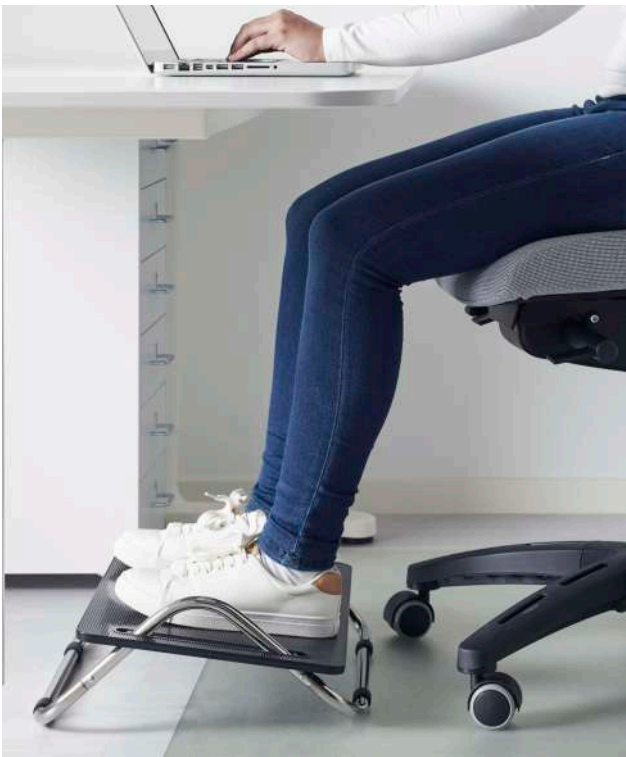
**Mood lighting** provides a cosy feeling and softens the contrasts between general and task lighting.

Sunlight is always welcome, but it can cause glare and reflections on your computer screen. Place your desk/ computer so the light comes in from the side. Use blinds or curtains on the windows to filter or block out daylight when you need to.





## 7. Relieve pressure on knees and feet



A standing mat is ideal for those who stand for long periods at their desks as the high-density foam relieves pressure on the feet, knees and back.

A footrest helps you sit in a good working position at your desk and reduces strain on your legs, back and neck.

## 8. Ensure ease of maintenance

A dynamic workplace may take many shapes throughout the workday as furniture is moved around for meetings or impromptu collaboration. Office furniture that is lightweight, on wheels, easy to move and park prevents muscle strain and enables seamless teamwork.





## 9. Invite elements of nature into your workspace



We have known for a long time that nature has a positive effect on us humans. A bike ride in the park, a walk in the woods or taking in the waves on the beach – the connection to nature makes us feel good. What happens if we can reproduce this effect indoors? Biophilic design is a concept that uses interior design to link our indoor environment with nature. Workplaces with natural light, natural ventilation and elements connected to nature have been shown to improve performance, lower stress and increase motivation.

**Colour.** Tone on tone colours, close to nature's own colours create a feeling of calm and harmony, helping us to relax and focus.

**Material.** The materials you choose, such as a warm wood veneer or a tactile material that feels soft to the touch is also a way to bring nature indoors. It is inviting, and we feel good taking it in.

**Organic shapes** and patterns such as those found on leaves, animals, water and sand make us think of the outside world – they feel familiar and help us to relax.

**Greenery** in the workspace has been shown to have a calming effect, helping to reduce stress and when we think beyond potted plants in the window, there is a lot we can do. For instance, plants can be used to create room dividers or cozy rooms-within-a-room.



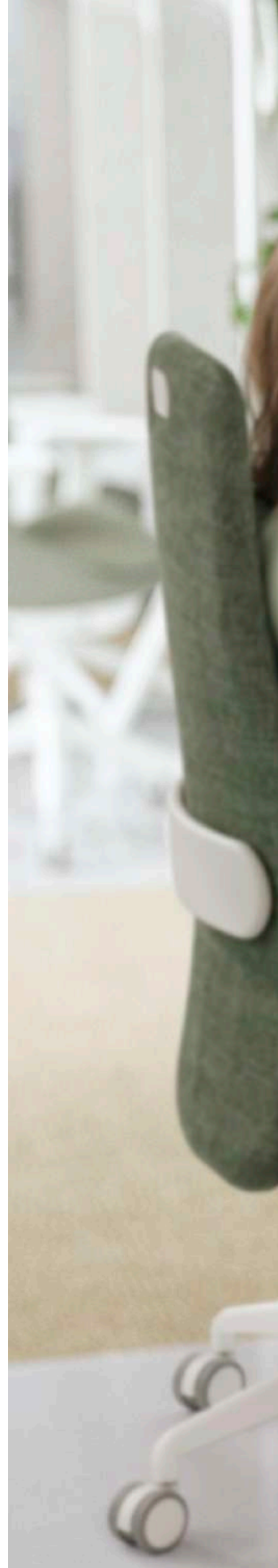
# Why acoustics matters

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Today, many offices are designed with open floor plans that expose us to noise and visual distractions, influencing our ability to focus. Ring sounds, chattering colleagues, fingers typing away on the keyboard, screeching chairs – all these and other sounds amount to the disturbing noise levels we often experience at our workplace.

Fortunately, there are ways to work around this.

Happy and healthy workspaces involve finding the right noise-reducing solutions and possibilities to create privacy. That's where our acoustic products step in, designed with your well-being in mind to enhance your comfort and productivity.







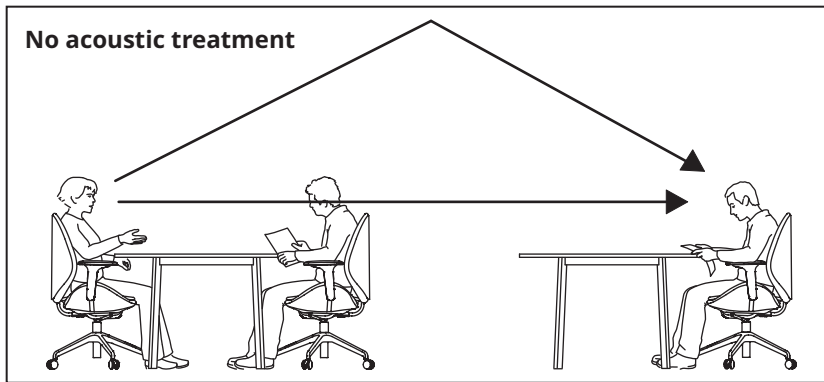


## What is room acoustics?

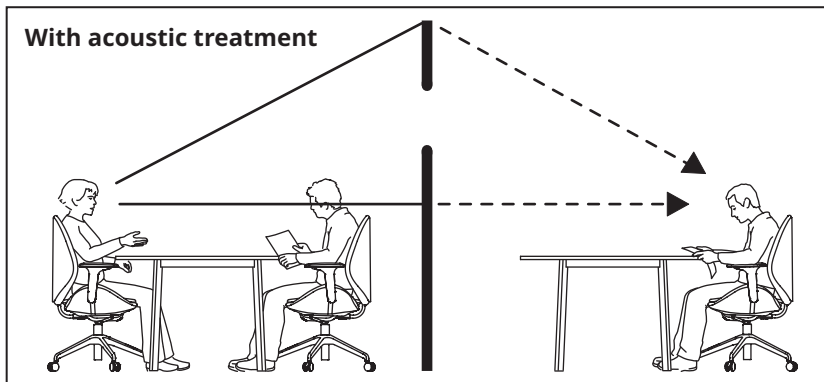
Room acoustics is how sound travels or behaves within a room or any given space. Without elements to absorb sound or prevent sound waves from bouncing back and forth, we perceive the acoustic environment as disharmonious.

Reverberation time is the time it takes for sound to cease, depending on the size of the room and the objects and materials in the room that absorb sound. With simple measures, we can improve room acoustics and reverberation time to create quieter spaces that are more conducive to working and collaborating.





When there is nothing to block or absorb the sound, the sound waves bounce around the room making the acoustic environment disharmonious for everyone in the surroundings.



The less the sound bounces around, the shorter the reverberation time, which leads to better acoustics and speech intelligibility.

## 5 steps to good acoustics in the workplace

### 1. Work with sound absorption.



Non-porous materials like glass, MDF or concrete cause sound to reflect, creating echoes while porous materials like curtains, seat covers and rugs absorb sound. Acoustic products like desk screens and floor-standing screens also absorb sound and help to balance the presence of non-porous materials.

### 2. Block the sound.



Divide the space into separate acoustic zones using various types of barriers to prevent sound from traveling freely in an open landscape or between two workstations. Desk and floor-standing acoustic screens as well as acoustic screens on castors are ideal for this purpose.

### 3. Place furniture strategically.

Voices, ring tones, footsteps and other sounds can be softened with acoustic screens and room dividers with green plants. Shelves with books can also help. If possible, prevent unwanted noise altogether by placing printers and coffee machines in separate rooms. Ensure chairs on legs are fitted with felt pads and those on castors roll on sound-absorbing material. Drawer dampers also make a big difference.

### 4. Use textiles.

Curtains, rugs, plants and other porous, soft objects help absorb sound waves. Use curtains with a thick fabric and hang them a bit out from the wall/window. Furniture with soft seats and seat covers add comfort and also absorb noise.

### 5. Privacy is important.

Room dividers, desk screens and floor-standing screens all help to divide areas and create both visual and acoustic privacy so you can work with less distractions.



## Acoustic products help create a balanced sound environment

Our acoustic products have been developed and tested together with acoustic specialists to ensure they meet sound absorbing and sound blocking requirements. Our designers put special focus on enabling fluid office spaces; and applying patterns, colours and materials

inspired by nature. The thick, quilted screens create a warm and harmonious environment while also ensuring privacy between workstations.





The magic starts on the inside. MITTZON acoustic screens are constructed with a low-density fibreboard core surrounded by a thick, wood fibre filling with excellent acoustic performance. The screens are dressed with a thick, durable fabric that is removable/ machine washable. The acoustic screen on castors is 50 mm thick and the desk and floor-standing acoustic screens are 80 mm thick, filled with goodness for your ears.

The filling contains 92% renewable and recyclable wood fibre content sourced from harvested trees which are debarked and chopped into small square chips, not much bigger than postage stamps.

The chips are softened with steam and milled to obtain fibres. The fibres are dried and mixed with a bonding fibre, and then melted together into sheets that are cut to size. Left-over trimming is re-used in the production so that there is no waste.



Acoustic screens on lockable castors can be used to separate desks or create a meeting area. Notes can be pinned directly onto the fabric cover.



Acoustic screens for desks are ideal for creating privacy around your workspace.

# Meeting spaces in the office

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Digital, physical, long, short, formal or informal – every day we meet our colleagues, customers and partners in many different ways and modern workplaces need to provide a variety of environments designed to support efficiency and productivity through our comfort and well-being.









## Different zones for different focus needs

When planning the office, consider the different environments and how they are placed in relation to each other. A good idea is to divide the space into different focus needs. For instance, a zone for working

totally undisturbed, a zone where you can work focused but also discuss things with nearby colleagues, and zones for collaboration, activity and movement.





Formal meeting rooms need to be supplemented with a variety of flexible meeting spaces for different purposes.



High tables can be placed together and used while sitting or standing, helping to keep the energy up during workshops.



Flexible elements like acoustic screens, frames on wheels, storage units, plants or textiles help create rooms within rooms.

Open or semi-open environments are often conducive to teamwork, project meetings or spontaneous collaboration. They allow departments to interact more freely and contribute to an inclusive workplace culture. It also opens up the possibility to adapt the space after changing needs.



MITTZON frames on casters with whiteboard/pinboard provide a sense of privacy.



High tables combined with sit/stand supports enable participants to be more active, stand up and join in discussions.



A whiteboard/pinboard allows you to write or pin up all your great ideas.

**In creative meetings and brainstorming sessions,** it is important to be able to move freely in the environment to keep up the momentum and pace. This is also true for spontaneous meetings where the right setting can help strengthen cooperation and problem solving. For longer or more formal meetings, it is a good idea to arrange a closed room for privacy with comfortable seating.

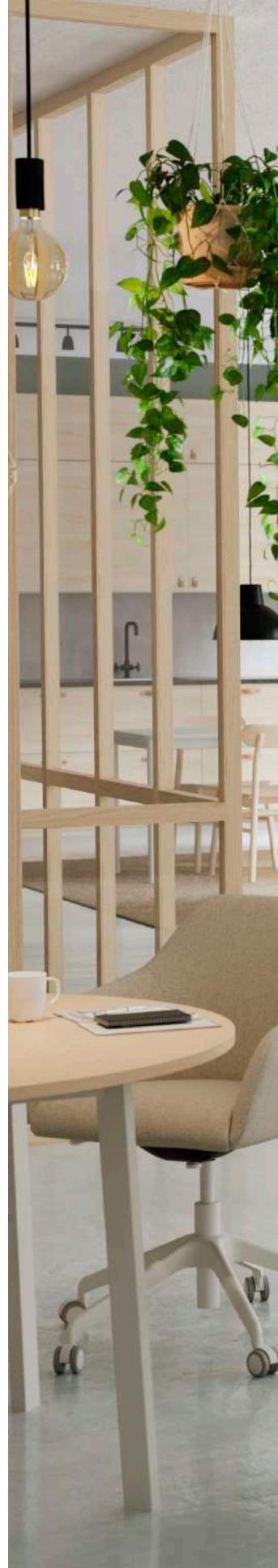




# Flexibility in the workspace

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Change is part of the everyday reality in any workplace. Whether it be a re-organisation, a change of routines or new hybrid working patterns. To ensure that the workplace serves many types of functional needs over time while also promoting a sense of balance and well-being – the work environment must be able to adapt to the changing needs both in the short-term and in the long-term.











## Day-to-day flexibility

Furniture gets moved around in the workplace all the time. Sometimes it is a matter of moving closer to a colleague to go through a presentation, or it could be about adding extra tables or chairs to a meeting room. For day-to-day flexibility, it is good to have furniture with castors that are easy to move to where they are needed, and just as easy to move back, fold and stack when not in use. Flexibility is also supported with

multifunctional products such as MITTZON frames with castors to create mobile green walls or screens with whiteboards, that allow you to write key notes, wherever the meeting takes place. MITTZON laptop table on castors allows you to work where it suits you today – and you can easily change position from sitting to standing.





A height-adjustable laptop table with castors is ideal for presentations or to create a small workspace in the reception.



A high conference table for sitting or standing creates a perfect spot for spontaneous, ad hoc meetings.



Roll the table out and let the meeting begin. When it's time for a new activity, simply fold it and roll it back.



Time for refreshments? TROTTEN trolley with castors is easy to bring to meetings or workshops.



# Flexibility on demand

From time to time, functional needs may change – but only for shorter periods. A new project may require a dedicated area where a team can collaborate without disturbing others. Our MITTZON, IDÅSEN or TROTTEEN desks can be combined and moved around

to create different solutions for working individually or together. You can fulfil your changing needs while also maintaining a balanced and uniform expression throughout the office.





A space-wise solution with individual workplaces that share the same storage in between.



A workshop area surrounded by storage for privacy.



Your own space for focusing in an large open floor plan.

TROTTE system adjusts to one or many co-workers. It's modular, stylish design follows your changing needs with multipurpose furniture and practical units you can add on.



## Flexibility over many years

The way you furnish your office today, may not be the best solution for tomorrow. Long-term flexibility is about making wise choices from the start so you can seamlessly scale up, scale down, reshuffle and re-organize your interior in a cost-efficient way to meet your functional needs, while keeping a uniform overall impression.

Choosing office furniture of good quality, that is tested and guaranteed, will endure many moves and ensure low life-cycle costs. When you also choose

office furniture that is part of a series, it is easier to add, remove or rearrange furniture and still have a coordinated expression.

Check how our MITTZON, TROTTE and IDÅSEN series, designed with flexibility, quality and ergonomic comfort in mind can help you develop an office interior customized to your needs – a harmonious solution that is economically sustainable and contributes to everyone's well-being over many years.





# Office desks

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Whether you're setting up a home office, revamping your workspace or furnishing a corporate environment, our office desks provide a perfect blend of aesthetics, ergonomic comfort and functionality. Choose between several sit/stand solutions to promote a healthy posture and enjoy a clutter-free workspace with clever integrated cable management solutions. If you are looking for a sleek, modern design or a more timeless feel – we've got you covered. Our range offers a wide variety of finishes and sizes – all which are durable, crafted for longevity and backed by generous guarantees.

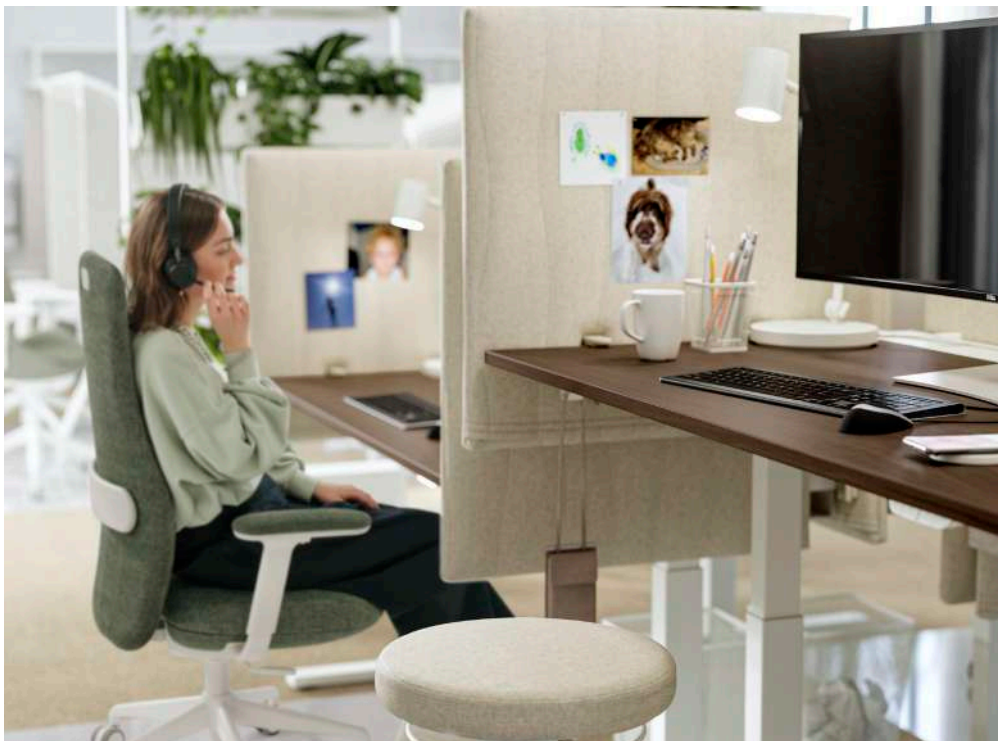




# A perfect place to focus

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What is most important for you? Price, function, ergonomics, style? With our range of different tabletops, bases and finishes, you can create a unique workplace that matches your space, needs and preferences. Our desks are built into systems so that you can easily furnish a flexible office with different types of desks and create a uniform aesthetic expression. Each system includes height adjustable alternatives so that you can vary positions between sitting and standing, to make sure that your body is energised and you keep full focus on your work.



10

As confirmation of the high quality, our office desks have been tested and approved for office use and are backed by a 10-year guarantee.



## MITTZON desks

MITTZON desk series is all about function, quality and comfort contributing to your well-being and ability to focus. The durable tabletops are available in several sizes, in your choice of low-gloss white or one of 4 different wood veneers with tactile feel. Combine the tops with a white or black height-adjustable (manual or electric) steel underframe that lets you vary between sitting and standing throughout the day – your body will thank you.



## TROTTE office desks

TROTTE desks come in different sizes to suit the smallest corners and larger open spaces. Choose between A-shaped legs or a manual height-adjustable underframe to enable changing positions while working. Combine white or beige tops with white or black underframes. The desks are dimensioned for a perfect fit with TROTTE storage, so you can scale up your solution and maintain the same unified expression as your needs grow.



## IDÅSEN desks

Industry-inspired IDÅSEN desks offer a beautiful veneer surface that is durable, stain resistant and easy to clean. Choose between manual or electric height adjustment and enjoy the practical cable management solution underneath the desk. IDÅSEN desks coordinate perfectly with storage solutions in the same series.



# Key features

## MITTZON desks



Choose between low-gloss white, walnut, oak, birch or black-stained ash veneer. All tops come complete with durable edging in a matching finish.



The included cable management tray is width adjustable and accessible from above and the sides.



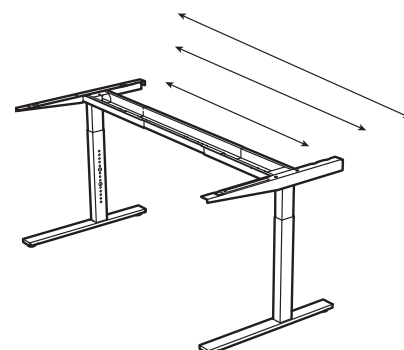
The plug-in module at the back of the desk allows you to charge your equipment without having to crawl under the desk. MITTZON plug-in module comes in the same colours as the underframes. It has a small compartment perfectly sized for KOPPLA cable socket (sold separately), or to store smaller items such as pens or post-it notes.



MITTZON acoustic screens award privacy and are perfectly sized to fit the desks.



The underframe allows plenty of space to move your chair and legs freely under the table, whether sitting or standing. It includes 2 hooks for hanging headphones, bags or jackets.



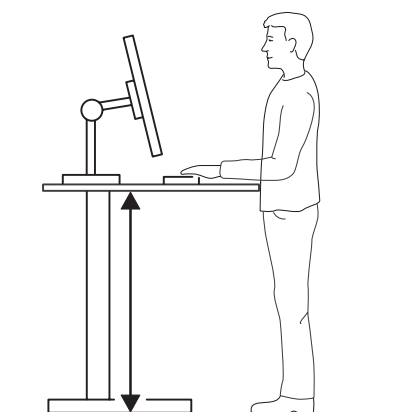
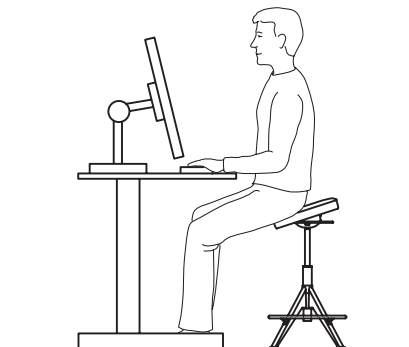
Width-adjustable underframe can be paired with MITTZON tabletops widths 120, 140 and 160 cm allowing you to change to a bigger or smaller desk if needed, using the same underframe.



## MITTZON height-adjustable desks

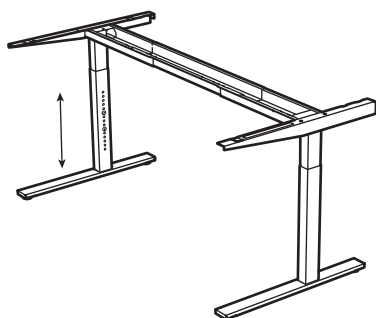


The hand control for the electric sit/stand underframe has 2 memory settings for convenient adjustment.



Changing position between sitting and standing regularly improves your circulation and delivers more oxygen to the brain, helping to increase energy levels, attentiveness and productivity.

## MITTZON mechanical desks



Choose the most comfortable and ergonomic work height for your body when you assemble the desk. Reassembly of legs required to change the desk height.



MITTZON desk pairs perfectly with GRÖNFJÄLL office chair, helping to encourage healthy habits and engagement.

# How to build MITTZON desks

01

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Choose your favourite top.

Do you prefer low-gloss white or a more natural look with walnut, oak, birch or black stained ash veneer?

02

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Start with the size.

You can choose between widths 120, 140 or 160 cm all which come in depths 48 or 68 cm.

03

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Select underframe.

Choose between black or white and whether you want to choose the height of your desk when assembling it or an electric sit/stand desk – either way the coordinated cable management is included.

04

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Gear up for easy plug in.

When you add MITTZON plug-in module to your combination, the desk depth increases by 12 cm to either 60 or 80 cm. The modules are available in black or white to coordinate with the underframes.

05

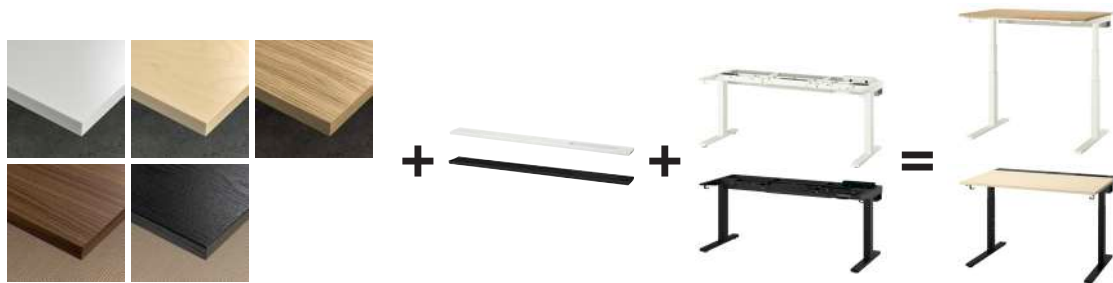
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Fancy anything else?

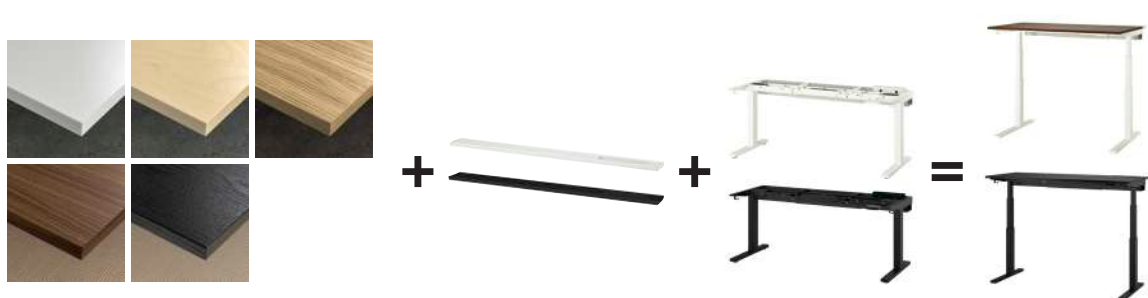
Complete your desk solution with STUBBERGET monitor arm in black or white and easy-mount MITTZON acoustic screens.



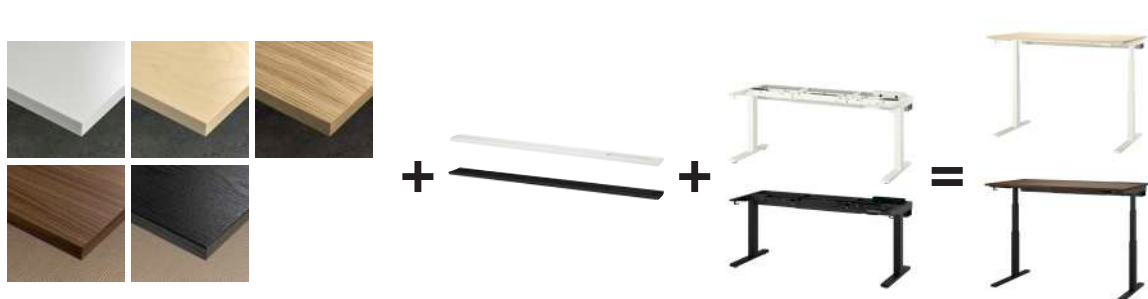
**MITTZON height-adjustable desks. 120×60 cm, 120×80 cm.**



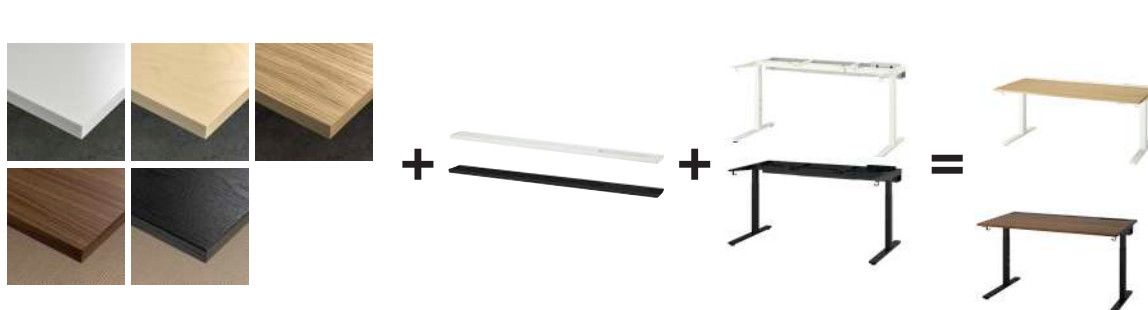
**MITTZON height-adjustable desk. 140×60 cm or 140×80 cm.**



**MITTZON height-adjustable desk. 160×60 cm or 160×80 cm.**



**Mechanical desk. 120×60, 120×80 cm, 140×60 and 140×80 cm, 160×60 cm and 160×80 cm.**



# Key features

## TROTTEEN desks with a crank



TROTTEEN sit/stand desks come in sizes 120×70 cm and 160×80 cm. The generous depths allow a roomy work surface and you can sit at a comfortable distance from the computer monitor without straining your eyes.



You can easily crank the handle to adjust the desk height between 70-120 cm to get the best position for both sitting and standing.



The crank handle can be mounted on the left or right side – whatever is most convenient for you. It slides in under the tabletop when not in use for a clean, uncluttered look.



Adjustable feet make the table stand steady also on uneven floors.

## TROTTEEN desks



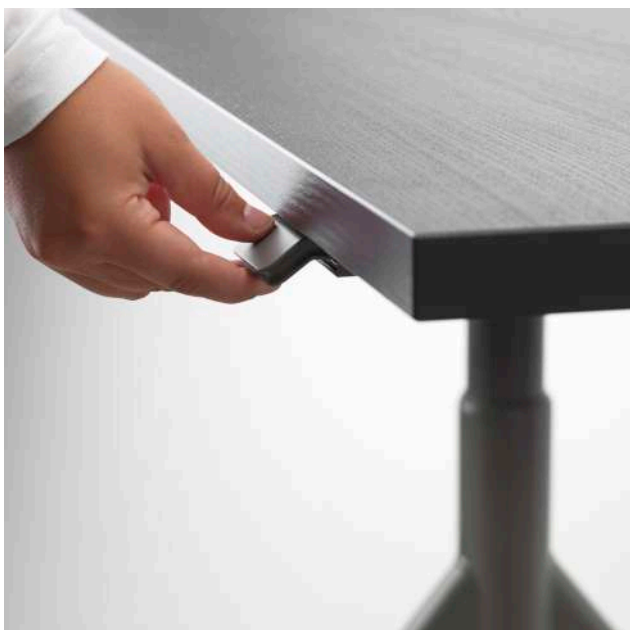
The desks are lightweight and easy to move around for meetings or collaboration projects. A-shaped legs make it possible to combine the tables in many creative ways and you can fit a lot of chairs around it.



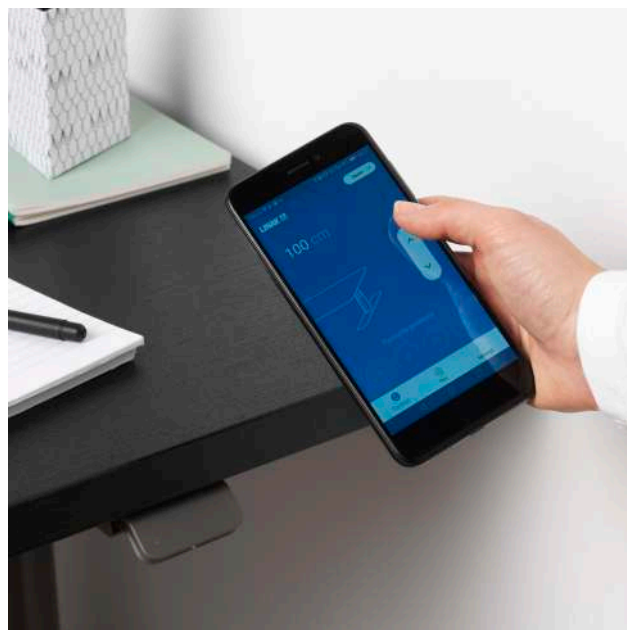
You can hang essentials like your bag or headphones within easy reach on the two hooks on the sides of the tables.



## IDÅSEN sit/stand desks



Change smoothly between sitting and standing using the 2 buttons for electronic height adjustment.

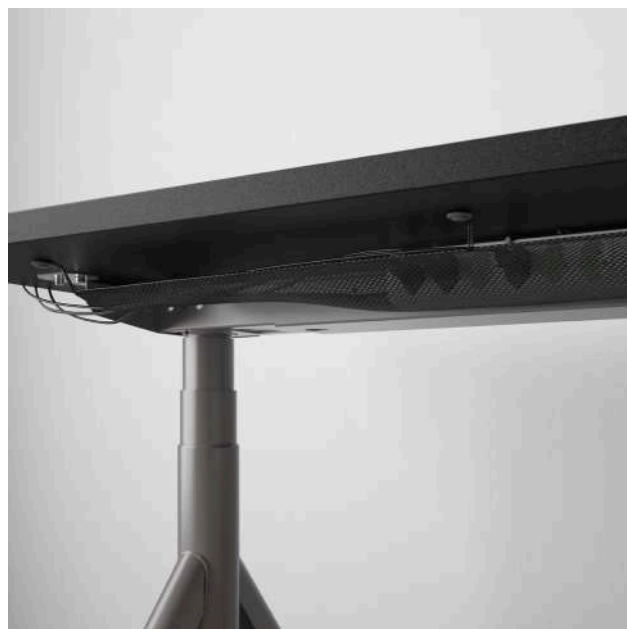


You can also adjust the height of your desk using an app.

## IDÅSEN desks



The veneer surface with beautiful wooden pattern is durable, stain resistant and easy to keep clean.



It's easy to keep your desk neat and tidy with the cable management net under the tabletop.

## RODULF

### Desk sit/stand 140×80 cm

It's good for both body and mind if you can vary between standing and sitting during working hours. This desk is designed for office use and you electrically change the height with the touch of a button.



**W140×D80 cm.**

Max. height 117 cm, min. height 70 cm. Max. load 70 kg.

Grey/white

994.423.63

**Rp5.699.000**





# Complementary ergonomic products

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At the core of any ergonomic workspace are the desk and the chair. These pieces set the stage for a harmonious work experience, allowing you to adjust, align, and position yourself for optimal comfort and efficiency. When you also include complementary ergonomic products, you bring comfort and efficiency to new levels.

The IKEA range includes a wide range of clever solutions designed to support your physical interaction with your work environment. Cushioning standing mats, footrests, monitor stands – by integrating products like these into your workspace, you are embracing the full spectrum of ergonomic solutions to create an even healthier, comfier and more productive environment.





# Key features

## Complementary ergonomic products



ELLOVEN monitor stand with drawer places the monitor at the right height to relieve strain on your neck and shoulders. The stand has an opening in the back for tidy cable management.



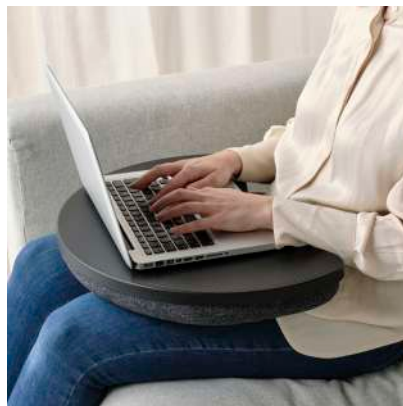
The drawer with compartment helps keep pens, notepads and USB sticks organised. The space under the bamboo drawer is perfect for storing the keyboard.



You can use VATTENKAR laptop/monitor stand in different ways; as a fixed shelf for storing small things and a keyboard; as 2 separate supports or as 1 higher support.



STENERIK laptop/monitor stand raises your laptop and gives you a better posture while allowing air to circulate to keep the computer cool. Made of layer-glued wood in a timeless style.



ÖJULF laptop support with cushion and washable cover allows for a more fluid lifestyle – making your workday comfortable, wherever you are.



DAGOTTO footrest helps you sit in a good working position at your desk and reduces strain on your legs, back and neck.



FREIVID standing mat is ideal for those who stand for long periods at their desks as the high-density foam relieves pressure on the feet, knees and back.



A drill-free desktop shelf that is handy for plants or smaller desk items. Adjustable in 3 positions.

# Office chairs

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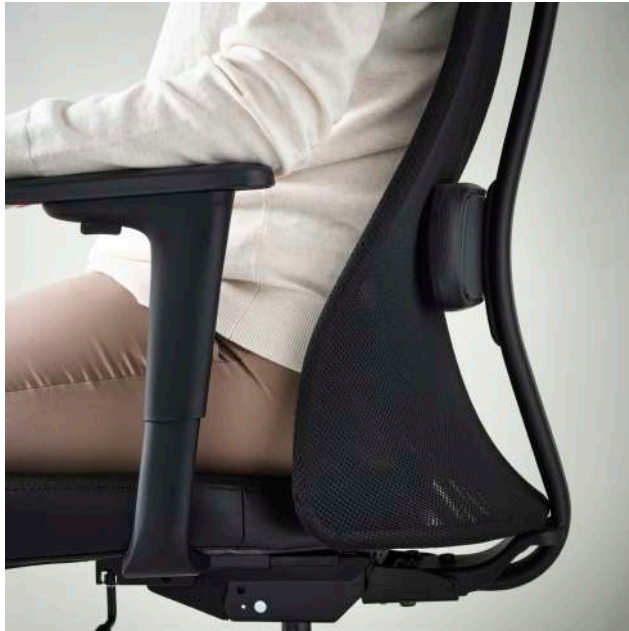
All our office chairs are ergonomic and designed to support your well-being. This means they have good lumbar support and can be adjusted to suit your body and individual needs. Add to this, proper cushioning and breathable materials, and you are all set to work for longer periods with less fatigue and better focus.





## Key features

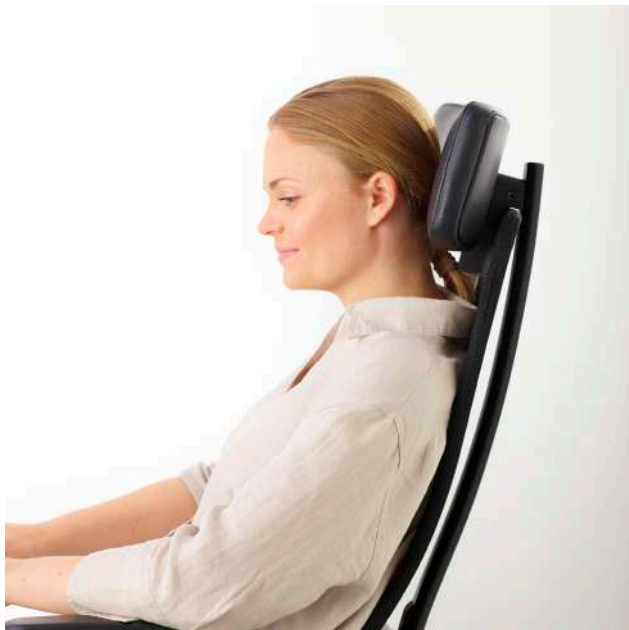
A well-designed ergonomic office chair can solve a number of problems related to posture, comfort, and overall health:



It supports the natural curve of your spine and promotes good posture. This can prevent common issues like slouching and hunching over your desk. The chair should have adjustable features like seat height, seat depth, backrest tilt, and armrest height to fit your body dimensions.



By providing proper support for your lower back, an ergonomic office chair can also help reduce or prevent back pain. This is particularly important for people who spend long hours sitting.

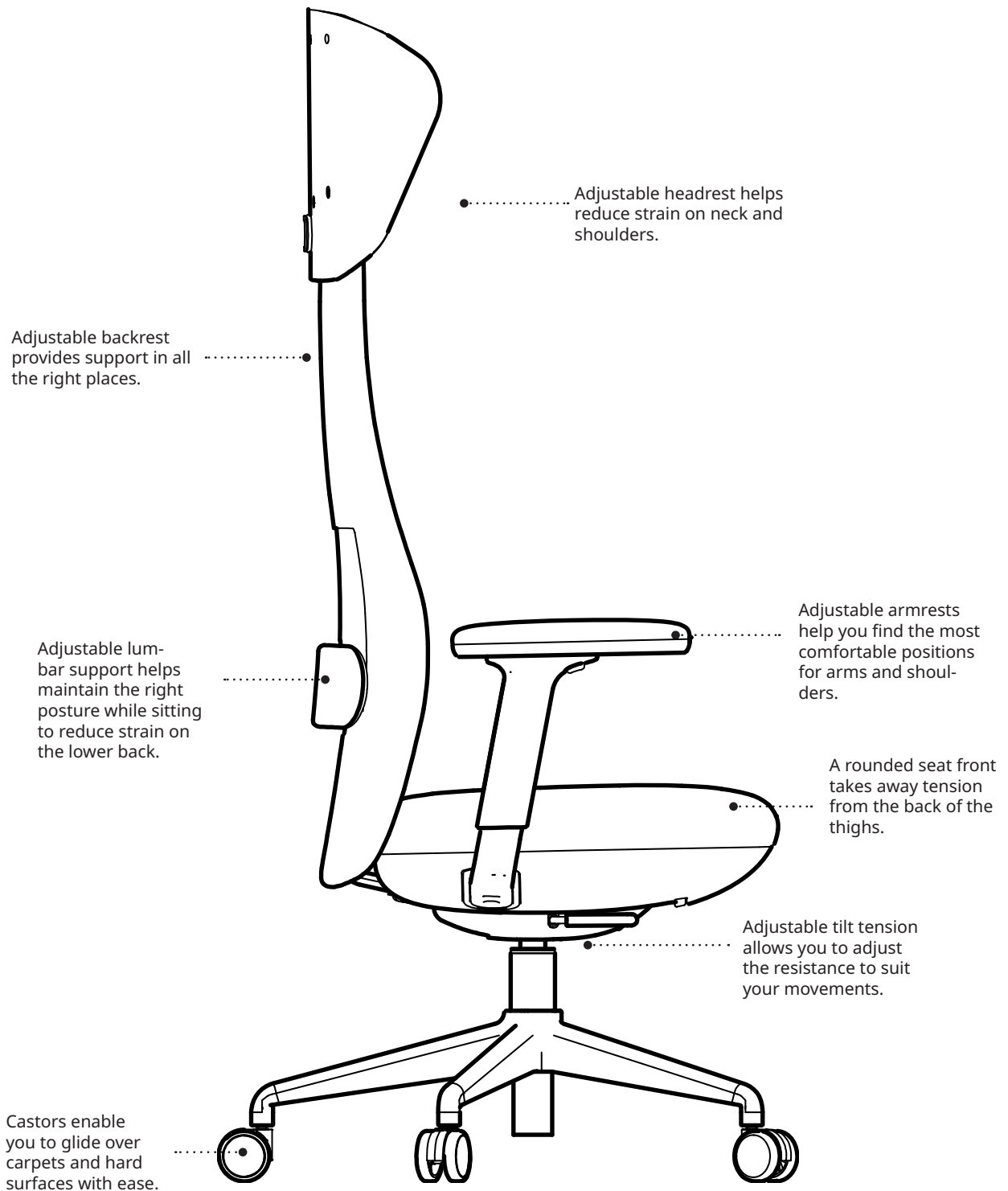


Many ergonomic office chairs include a headrest, which can support your neck and prevent strain when working for long periods. This can reduce the risk of developing neck problems and associated issues like headaches.



Ergonomic office chairs have a synchronized tilt mechanism which allows the chair to move with you. This improves circulation and keeps energy levels up.





# How to choose an ergonomic office chair

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If there is one item that deserves special attention when you choose it for your workplace, it is your office chair. Beyond the aesthetics, there are features that can significantly impact your comfort, health and productivity. That is why it is essential to choose a chair that fits your body and work style, and to adjust it properly for maximum benefit. Here are some things to consider.

## 01

---

How many hours do you sit during the day?

The more hours you sit down, the better chair you will need. To make it easier for you to find a chair that suits your needs, we've divided the range into three recommended solutions:

**Basic:** If you rarely sit down during your work day, you can do well with a simpler chair with basic features such as height adjustability.

**Occasional:** If you sit down for short periods during the day, you will also need lumbar support, high back rest, automatic or adjustable tilt tension.

**Full working day:** If you spend most of your working day sitting down, you need an ergonomic chair with good adjustment possibilities.

## 02

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Choose the mechanism that allows the right kind of movement.

**Manual tilt tension**

Allows you to adjust the resistance to suit your movements and weight.

**Automatic tilt tension**

Your body weight determines how much resistance the backrest offers.

**Tilt lock**

Allows you to lock the tilt in different positions.

**Synchronized tilt mechanism**

Allows the chair to move with you. The backrest moves more than the seat when you lean back, so torso/hips open up. This improves circulation and keeps energy levels up.



## Does the chair tick these boxes?

**Adjustability**

Look for a chair with a variety of adjustable features. The more you can adjust the chair to fit your body, the better. Make sure to use all the functions of the chair and adjust it at regular intervals, to avoid a static sitting position.

**Lumbar support**

Good lumbar support is crucial for preventing back pain. The backrest should support the natural curve of your lower back.

**Seat material**

The seat and back should have enough padding to be comfortable for long periods of sitting. Breathable materials such as mesh allow air to pass through, and is a good choice if you tend to feel hot. Some chairs are made with a cooling effect material, also suitable for this purpose.

**Swivel and mobility**

The chair should easily rotate so you can reach different areas of your desk without straining. Castors allow easy movement around your workspace.

**Stability**

A five-point base reduces the risk of tipping over when leaning or moving in the chair.

**Size**

The chair should fit your body size. You should be able to sit with your feet flat on the floor, your knees at a 90° angle, and your back against the backrest. There should also be 5-8 cm between the back of your knees and the seat of the chair.

## Look for these ergonomic features



**Height adjustable seat;** for a comfortable sitting posture regardless of body height.



**Height-adjustable backrest;** provides support in all the right places and helps your body to maintain a naturally good posture.



**Adjustable lumbar support;** helps maintain the correct posture while sitting which reduces strain on muscles on your lower back.



**Adjustable seat depth;** easy to adapt for increased support to your thighs and back.



**Adjustable headrest depth;** adjust the depth position of the headrest to fit your needs, reducing strain on the neck and shoulders.



**Adjustable tilting neck support;** adjusting the headrest angle for optimal support and comfort reduces neck muscle strain and prevents discomfort during prolonged sitting.



**Adjustable headrest height;** allows for proper alignment of the head and neck, reducing the risk of discomfort from prolonged sitting.



**Armrests;** provide support for the upper part of your forearms and reduce strain on the back and shoulders.



**2D adjustable armrests;** height and width adjustable armrests enable a relaxed position for arms and shoulders and reduce the risk of tension.



**3D adjustable armrests;** height, width, and depth adjustable armrest helps you find the most comfortable and supportive position for the arms and shoulders, leading to improved posture and reduced fatigue.



**Manual tilt tension;** allows you to adjust the resistance to suit your movements and weight.



**Automatic tilt tension;** your body weight determines how much resistance the backrest offers.



**Synchronised tilt mechanism;** allows the chair to move with you. The backrest moves more than the seat when you lean back, so torso/hips open up. This improves circulation and keeps energy levels up.



**Tilt lock;** allows you to lock the tilt in the upright, the lowest position and different positions in-between.






























**Removable washable cover, seat;** easy to keep clean and fresh, as you can take it off and machine-wash it.


















**Removable washable cover;** backrest and seat. The cover is easy to keep clean and fresh, as you can take it off and machine-wash it.

# Office chairs

## Ergonomic features




























	Adjustable seat height	Adjustable seat depth	Lumbar support	Adjustable lumbar support	
<b>Office chairs</b>					
<b>FLINTAN</b> 					
<b>SMÖRKULL</b> 					
<b>MARKUS</b> 					
<b>JÄRVFJÄLLET</b> 					
<b>HATTEFJÄLL</b> 					
<b>ALEFJÄLL</b> 					
<b>GRÖNFJÄLL</b> 					


















	Adjustable backrest	Adjustable armrests	Adjustable headrest	Manually adjustable tilt tension	Automatic tilt tension
					
					
					
					
					
					
					

# Office chairs

## Ergonomic features

	Adjustable seat height	Adjustable seat depth	Lumbar support	Adjustable lumbar support	
<b>Office chairs</b>					
<b>FLINTAN</b> 					
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<b>ALEFJÄLL</b> 					
<b>GRÖNFJÄLL</b> 					



	Adjustable backrest	Adjustable armrests	Adjustable headrest	Manually adjustable tilt tension	Automatic tilt tension
					
					
					
					
					
					
					

The background of the page is a photograph of an office environment. On the right side, there is a light-colored wooden desk with a white acoustic screen or room divider. A white office chair is partially visible in the bottom right corner. The floor is dark grey. The overall lighting is bright and even.

# Room dividers and acoustic screens

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Sharing a workspace with other people often means that there's going to be a lot of activity going on. Depending on the size and space of your office, it can be difficult to find a quiet spot where you can focus or where colleagues can meet and collaborate without disturbing others. The IKEA range offers solutions for creating separate spaces within a room while also helping to reduce noise.







# How would you like your space divided?

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Dividing space in your office can be achieved in a variety of ways for different purposes. Whether you need to create privacy for individuals within a large open floor plan, form areas for collaboration or provide a lounge where colleagues can relax with a cup of coffee, screens and dividers are the most flexible and cost-efficient way to adapt the space to make it comfortable, functional and appealing.



## MITTZON frames with castors

A flexible system to divide work areas or create a room within a room. Dress the frame with your choice of acoustic screen, whiteboard/noticeboard, shelves, containers for plants, cable box or clothes rails.

**10**

As confirmation of the high quality, our MITTZON frames with castors and acoustic screens have been developed and tested for office use and are backed by a 10-year guarantee.



### MITTZON floor-standing acoustic screens

The floor-standing screens help to divide space and reduce noise levels. They can be adapted to the specific size and needs of your space.



### EILIF freestanding screens and screens for desks

Ideal for creating a visual and physical barrier that gives you a quieter work zone and the office a neat look.

# Key features

## MITTZON frames with castors



Divide your workspace with greenery. The lush and vibrant tones of nature beauty creates a calm space to wind down or let the green leaves inspire your creativity.



Dress the frame with shelves to display items your company is proud of or to store things like binders, books and office supplies.



Dress the frame with a whiteboard/noticeboard and handy storage for markers, pins and other tools needed for meetings or workshops.



Dress the frame with clothes rails and shelves to create a practical area to store coats, shoes, bags and helmets.





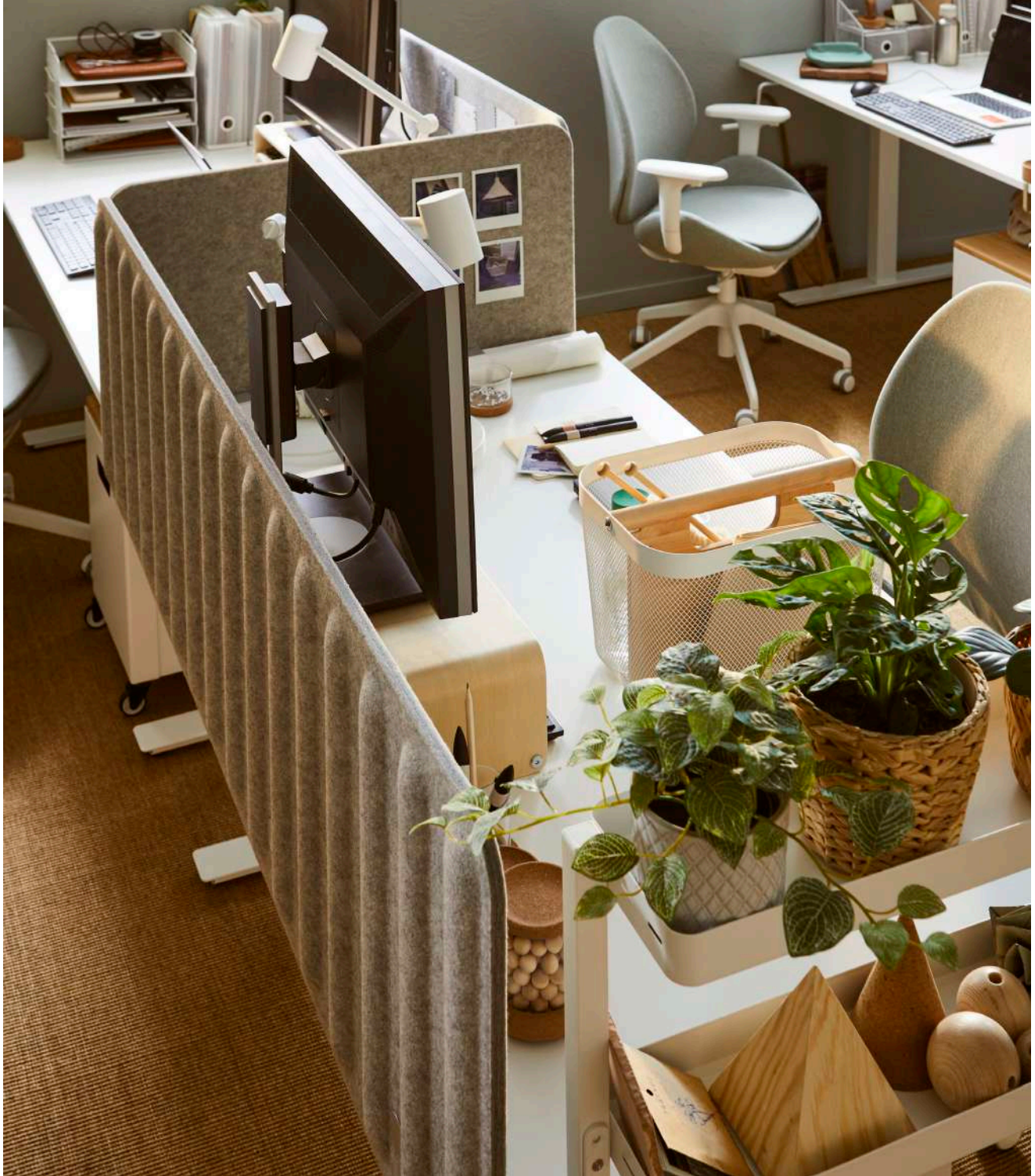
Dress several frames with acoustic screens to create a corner for working together. The screens absorb sound and are perfect for pinning up notes.



When using LED lighting strip in the frame, the cables are led through the frame interior into the cable box and then to a socket.

# Key features

## EILIF screens



Ideal for creating a visual, physical and sound absorbing barrier that gives you a quiet work zone.



## EILIF screens



The screens for desks and freestanding screens help to create a secluded and a quieter zone where you can work undisturbed, at home or at the office.



Felt dampens noise levels, absorbs sound and reduces echoes.







## EILIF

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# Conference tables

The way we think about and plan our workspaces is changing with increased focus on creating spaces that make us feel comfortable, relaxed and empowered to focus on the task at hand. Many offices are becoming more activity based, meaning different settings are created for different purposes. When it comes to meeting spaces in particular, it is a good idea to create different solutions for both formal and informal meetings as well as workspaces especially suited for collaboration.





# What types of meetings would you like to have?

---

Providing a diversity of meeting spaces with tables to accommodate the activity, sets the stage for comfort, well-being and higher productivity. Our range includes a wide variety of conference tables to suit your style, office layout and the type of meeting you would like to have.



**Break out of the cubicle!**  
Areas for quick face-to-face meetings support the flow of creative ideas.

10

As confirmation of the high quality, our TROTTON, MITTZON and IDÅSEN tables have been developed and tested for office use and are backed by a 10-year guarantee.



## MITTZON conference tables

Just like MITTZON desks, the conference tables are all about function, quality and comfort contributing to your well-being and ability to focus. The durable tabletops are available in 2 shapes (round or rectangular) and several sizes with the same range of finishes as for the desks so you can create a beautifully coordinated workspace. Choose between low-gloss white and 4 different wood veneers with tactile feel. Combine the tops with a white or black steel underframe with a height suitable for either sitting, standing or both.



## TROTTE table (80×80×102 cm)

Our TROTTE series includes a slightly higher table that can be placed on its own or in the company of other TROTTE tables to create a meeting or collaboration area. And just like TROTTE desk, the neutral beige tone is gentle on your eyes as it creates a soft contrast between the screen and tabletop.



## IDÅSEN tables

Inside or outside a meeting room, sitting or standing, long sessions or short creative break-outs. IDÅSEN tables support all different ways for you to work and collaborate.





# Key features

## MITTZON conference tables



The foldable table is easy to move and store. You can park several folded tables next to each other using minimal space.



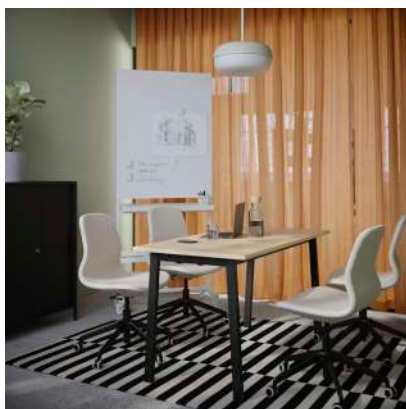
Roll the table out, place it with others and let the meeting begin. When it's time for clean-up, simply fold it, roll it back and store it.



The round conference table is ideal for small, informal meetings. When everyone faces each other, they feel more engaged and involved.



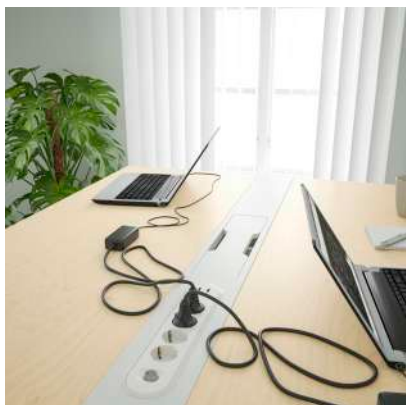
The high conference table with footrest provides well-needed support for your legs during long meetings or phone calls.



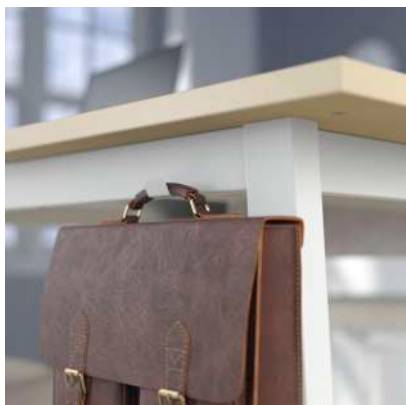
MITTZON conference tables pair perfectly with LÄNGFJÄLL chairs.



The low conference tables are ideal for meeting rooms or working independently, side-by-side in open co-working areas. The tables can be put together to create small, medium or large solutions that fit your needs and space.



This wide conference table has a plug-in module so you can stay charged while working. Accessible from above.



2 hooks on each side of the conference table allows you to hang bags or headphones within easy reach.



The conference tables pair perfectly with LÄKTARE conference chairs.

## TROTTEEN tables



Use one table or position several together to create a work area for a creative meeting. When the meeting is over, you can easily move the tables apart again. The high TROTTEEN tables have castors which make them easy to move around. The castors are lockable so the tables stand steady wherever you choose to put them.

By combining 2 or more TROTTEEN desks you can create an efficient area for meetings, collaborating on projects or brainstorming.



The neutral beige colour is gentle on your eyes as it creates a soft contrast between the screen and tabletop.



A hook on each side of the table allows you to hang your bag or headphones within easy reach.



Use one table independently or position several together to create a work area for a creative meeting. When the meeting is over, you can easily move the tables apart again.

## IDÅSEN tables



TROLLBERGET sit/stand support pairs perfectly with the high IDÅSEN table.



IDÅSEN tables have a prominent wood pattern that adds a warm and natural expression to the room.



# How to build MITTZON conference tables

01

Start with the shape and size.

You can choose Ø120 cm or widths 120 and 140 cm. The rectangular shape comes in depths of 68 or 108 cm.

02

Choose your favourite expression.

Do you prefer a tabletop in low-gloss white or a more natural look with walnut, oak, birch or black-stained ash veneer?

03

Combine with underframe (and plug-in module)

Choose between black or white and the heights 75 or 105 cm whether you want to sit or stand or have the option to do both.

**Round table.** Ø120 cm. Height 75 cm. It has a small compartment perfectly sized for KOPPLA cable socket (sold separately) or smaller items like pens and post-its.



## Measurement details:

The 68 cm deep conference table uses a single tabletop.

The 108 cm deep conference tables use 2×48 cm deep tabletops and 1 plugin module 12 cm. The plug-in modules are available in black or white to coordinate with the underframes.



**Conference table.** 120×68 cm or 140×68 cm. Height 75 cm.



**Conference table.** 120×108 or 140×108. Height 75 cm. This combination contains 2 table tops with depth 48 cm and 1 plug-in module for cable management.



**High conference table.** 120×68 cm or 140×68 cm. Height 105 cm.



**High conference table.** 120×108 cm or 140×108 cm. Height: 105 cm.  
This combination contains 2 tabletops with depth 48 cm and 1 plug-in module for cable management.

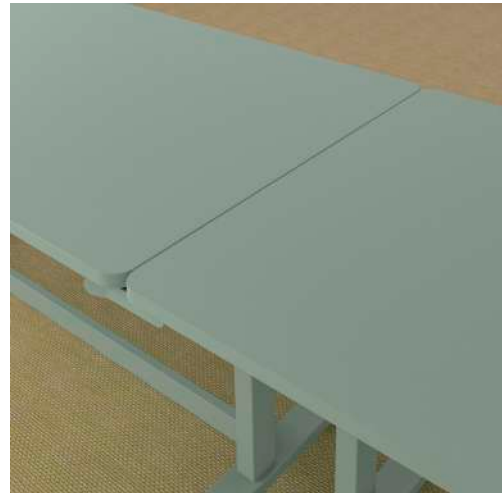


# Be flexible with MITTZON foldable tables

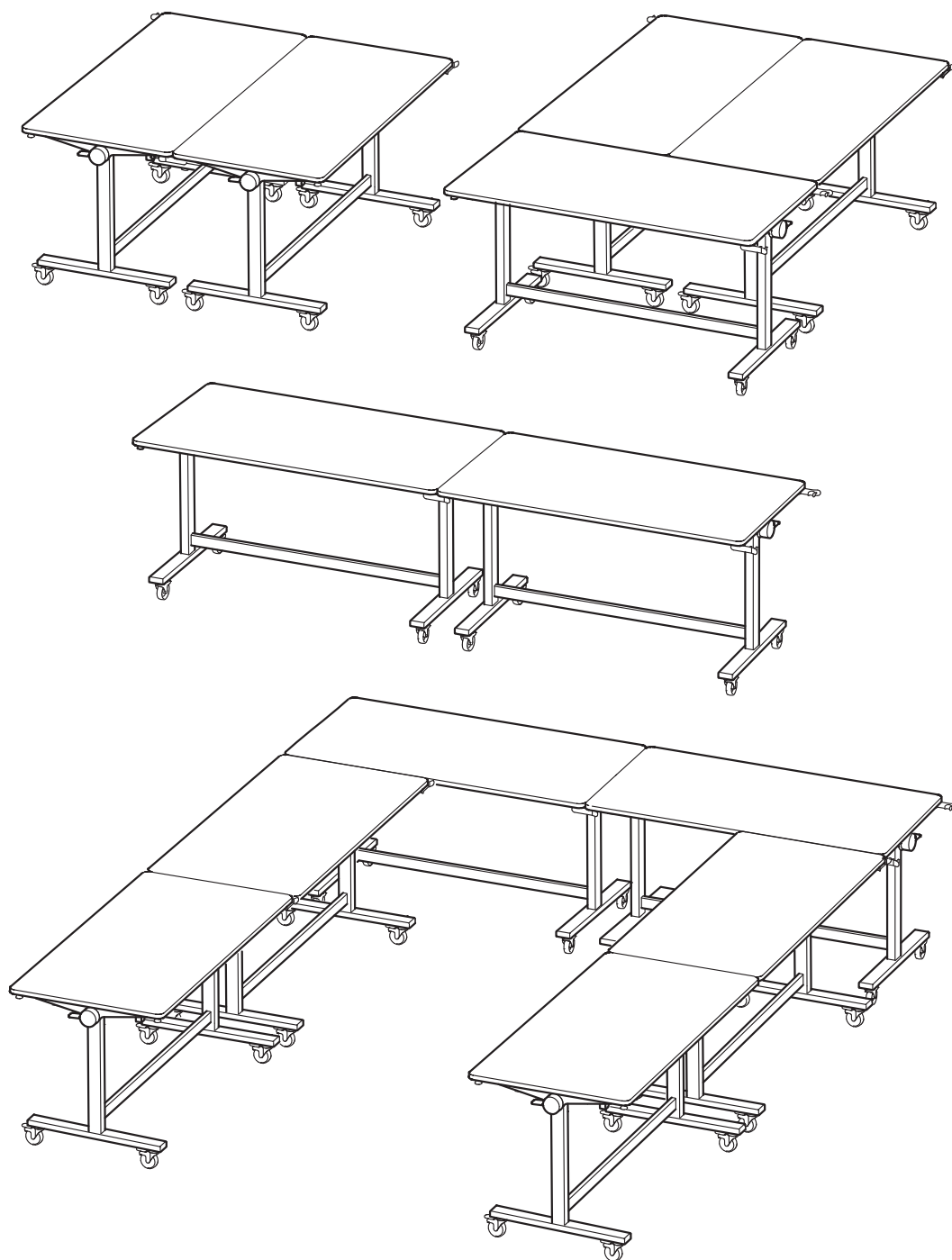
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The foldable tables are ideal for collaboration spaces and meeting rooms that need to be adapted easily to different needs.

Just connect/lock them in place and separate again when the meeting is over.



Several tables can be connected/locked in place and separated when the meeting is over for easy maintenance.





# Conference chairs

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With beautifully designed conference chairs, blending into the entire office range you can create an overall inviting and coordinated expression that also reflects the identity of your company. It is important that the conference chair gives the support and comfort you need depending on the type of meetings you have and the available space. We have many options to choose from.



## Key features

### LÅNGFJÄLL conference chairs



The lumbar support helps maintain a correct posture while sitting and reduces strain on lower back muscles.



A tilt mechanism can be adjusted to suit your weight and movements allowing you to lean back with perfect balance.

### LÄKTARE conference chairs



Removable and washable cover for easy maintenance.



Save space when the chairs are not in use. Stack up to 5 chairs with fabric cover, or 7 chairs without the cover.

### MULLFJÄLLET conference chairs



The design is enhanced with curved lines, sewn details and an easy-use, hidden mechanism under the seat.



The durable, perfect-fit fabric cover is easy to keep clean since it is removable and machine washable.



## TOSSBERG conference chairs



The high, curved backrest supports your lower back and prevents it from getting tired. You sit comfortably, longer and with a relaxed posture.



TOSSBERG conference chair comes with rounded shapes and comfy padding. The durable fabric blends well in any room.

## FJÄLLBERGET conference chairs



You sit comfortably since the chair is adjustable in height.



FJÄLLBERGET conference chair is versatile with an elegant shape and compact design.

# Key features

## LIDKULLEN active sit/stand support



Removable and washable cover for easy maintenance.



A smart mechanism keeps your body in constant motion, strengthens muscles and the spine – and gives you a naturally healthy posture.

## TROLLBERGET active sit/stand support



The leather ages beautifully and acquires a nice patina over time.



Changing positions between sitting and standing keeps your body in movement so you both feel and work better.

# How to choose conference chair

Beyond the aesthetics, there are features that can significantly impact your comfort. That is why it is important to choose a chair that accommodates the types of meetings you have.

## 01

---

### How long are your meetings?

A high table with sit/stand support is ideal for ad hoc meetings or to work whilst on the go.

For break-outs or more spontaneous workshops, a good solution is to use sturdy yet lightweight and stackable chairs that are easy to store away when not needed.

To keep your energy up during longer meetings or work sessions, we recommend chairs that are specifically comfy and kind to your body. Upholstered seat and backrest are essential, and tilt and heightadjusting mechanisms will enable individual comfort and variation.

## 02

---

### Look for these features:

#### **Lumbar support**

Good lumbar support is crucial for preventing back pain. The backrest should support the natural curve of your lower back.

#### **Seat padding**

The seat and back should have enough padding to be comfortable for long periods of sitting. Removable and washable covers enable you to keep your meeting room looking fresh.

#### **Swivel and mobility**

Conference chairs that rotate, swivel and/or have castors enable movement and help to keep comfort and energy levels up.

#### **Stability**

A conference chair with castors should have a five-point base to reduce the risk of tipping over when leaning or moving in the chair.

#### **Armrests**

Armrests provide support for the upper part of your forearms and reduce strain on back and shoulders.



# MULLFJÄLLET conference chair

*"When designing MULLFJÄLLET conference chair I wanted to create a chair that exudes comfort in its shape, materials and crafted details. The functions and expression make the chair suitable for both a workspace at home and at the office."*

**Designer Francis Cayouette**



Whether you're attending longer meetings in the office or simply checking emails at home, MULLFJÄLLET conference chair will provide you with excellent support. The sleek design will complement any space, making it both functional and stylish.

# Multiple uses to fit your ever-changing needs

---

Create a versatile and efficient space with MITTZON foldable tables and stackable LÄKTARE conference chairs. Without sacrificing style and comfort you can transform your space with ease and endless possibilities!



LÄKTARE conference chair is light yet sturdy and also stackable to save space when not in use.



Create an on/off solution for brainstorming or occasional gatherings with MITTZON foldable tables and LÄKTARE conference chairs. When the activity is over, just fold the tables, stack the chairs and store away.



# Office storage

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Whether your workspace is small or large, you will need storage and clever desk organisers to arrange everything from important documents to pens and staplers. This keeps your workspace looking its best and saves time on endless searching. IKEA office storage comes in a variety of expressions, shapes and sizes all designed with function and quality in mind.





# What do you need to store?

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It may seem an obvious question, but worth a few minutes of consideration. Do you need open storage for quick and easy access? Are your items organised and ready for display? Or would it be better to have closed storage where things are kept out of sight?



10

As confirmation of the high quality, our TROTTEEN, GALANT and IDÅSEN products have been developed and tested for office use and are backed by a 10-year guarantee.





TROTTE office storage helps keep things organised and easy to find. Freestanding cabinets, drawer units and storage unit on castors enable you to divide spaces while providing easy-access storage. For smaller spaces, the wall-mounted storage is ideal.



GALANT series comes with a beautiful grain pattern, lockable storage and cable management. For open storage, the series offers generous solutions that you can place in the middle of a room since the back is finished. Adjustable shelves allow you to customise the solution to your needs.



IDÅSEN storage has a soft and calm expression that works well both for professional and home office spaces. The series includes open and closed storage, with drawers or doors in metal or glass. IDÅSEN shelving unit offers generous space for your office supplies and works well as a room divider between workspaces.



HÅLLAN cabinets in powder-coated steel can be combined in many ways to suit one or several co-workers. Put magnets on the outside and use it as a memo board. On the inside you can store everything from paper and binders to chargers and keys – just add a padlock and you have everything securely stored.



# Key features

## TROTTE



The 55 cm deep cabinets are accessible from both sides and can be used as room dividers.



The drawer unit is lockable so you can securely store your belongings.



Dimensioned for a perfect fit next to TROTTE desks to create more workspace and handy storage.

## GALANT



This generous drawer unit will easily hide work-related items while keeping them close at hand.



The sliding doors close silently and gently thanks to the integrated damper.



The combination lock lets you safely store your things using a code that you pick.

## IDÅSEN



Space behind the shelves allow you to collect cables and lead them through the outlet in the back.



In IDÅSEN high cabinet each colleague can have their own space for storing. With magnets, it can double as a memo board.



This neat drawer unit on castors can be easily rolled in under the desk or moved to where you need it.

## HÄLLAN



You can customise the storage since the shelves are height adjustable and removable.



Use magnets to attach photos or messages to the storage.



Several units can be combined to create a larger storage solution.

# How to choose the right storage for your workspace

When choosing your office storage, there are important factors to consider. Size and function need to be adapted to your available space and the types of items you need to store. When the style goes hand-in-hand with the rest of the décor, everything falls into place it becomes an expression of your company.

## 01

### What's your style?

Most people appreciate the sense of calm that comes from an appealing and coordinated workspace. Our TROTTE, IDÅSEN and GALANT series offer a range of coordinated storage products in a variety of expressions.

## 03

### Safe and organised

Filing cabinets help keep important documents organised and cut down on clutter. Look for features like drawer stops which prevent drawers from being pulled out too far, and integrated dampeners which make drawers close silently and softly. When certain documents are for your eyes only, choose storage with built-in locks.

## 02

### Open or closed storage?

Open storage gives easy access to often-used items and allows you to put things on display. Open storage usually comes with adjustable shelves and can sometimes be customised with doors or drawers to fit your unique storage needs. With closed storage, you can hide cluttering items and create a more uniform appearance.

## 04

### Work from home like a pro

When your home doubles as a place of work, look for flexible and versatile storage solutions that fit your space, and can be moved around or rearranged.

## Desk organisers



VATTENKAR portable organiser is ideal for switching workspaces at home or at the office. Personalise the pegboard with SKÅDIS accessories of your choice.



Organise those papers and magazines that tend to float around your office. DRÖNJÖNS metal mesh storage is lightweight and saves time since you can quickly see what's inside.



RISATORP basket with compartments is handy for things that you often move between different workplaces.



DRÖNJÖNS compact storage, keeps stationery and desk accessories organised and the metal mesh makes it easy to find everything.



RISATORP desk organiser has 2 compartments for storing desk supplies. The metal mesh makes it easy to find everything.





VATTENKAR is a drill-free and space-wise storage solution that can be placed against a wall or between two desks as a divider. Handy for plants or smaller desk items. Adjustable in 3 positions.

# What do you need to store?

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It may seem an obvious question, but worth a few minutes of consideration. Do you need open storage for quick and easy access? Are your items organised and ready for display? Or would it be better to have closed storage where things are kept out of sight?



10

As confirmation of the high quality, our TROTTEEN, GALANT and IDÅSEN products have been developed and tested for office use and are backed by a 10-year guarantee.



TROTTE office storage helps keep things organised and easy to find. Freestanding cabinets, drawer units and storage unit on castors enable you to divide spaces while providing easy-access storage. For smaller spaces, the wall-mounted storage is ideal.



GALANT series comes with a beautiful grain pattern, lockable storage and cable management. For open storage, the series offers generous solutions that you can place in the middle of a room since the back is finished. Adjustable shelves allow you to customise the solution to your needs.



IDÅSEN storage has a soft and calm expression that works well both for professional and home office spaces. The series includes open and closed storage, with drawers or doors in metal or glass. IDÅSEN shelving unit offers generous space for your office supplies and works well as a room divider between workspaces.



HÅLLAN cabinets in powder-coated steel can be combined in many ways to suit one or several co-workers. Put magnets on the outside and use it as a memo board. On the inside you can store everything from paper and binders to chargers and keys – just add a padlock and you have everything securely stored.





# Lounge areas

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## Relax and let the creativity flow

How we work has changed in recent years and companies are increasingly seeing the benefits of having an area in the office that promotes spontaneous interactions in a relaxed atmosphere. These types of meetings are not only important for building relationships, they also enhance collaboration and problem solving.

The IKEA range offers a variety of furnishings that can be used to create a welcoming, comfortable and vibrant lounge area where you can work alone, discuss things with colleagues or clear your mind over a cup of coffee. And with the right technology, the lounge can easily transform into a large gathering space for presentations and events.





# LILLEHEM sofa series

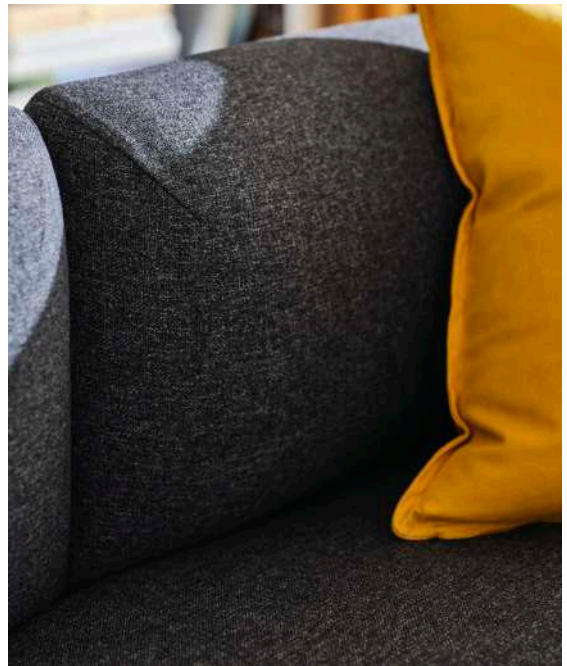
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## Flexible and inviting seating

The versatile LILLEHEM series of modular sofas can be configured into endless combinations to create a comfortable lounge area after your specific space and needs. The modules can be rearranged and added onto, for different activities. Choose from a range of covers and legs to create a vibrant and welcoming expression. All covers are removable and washable.









# Key features

## OSKARSHAMN armchair



Who doesn't dream of having their own nook to relax in? OSKARSHAMN wing chair embraces with its timeless design.

## HERRÅKRA armchair



A bold look with charmingly rounded shapes, upholstered in an easy-care fabric.

## BINGSTA armchair



The stylish design is enhanced by the armchair's slim legs and two tone-in-tone yellow colours.



The curved, embracing back panel gives you comfy me time in a private nook, even in open-plan environments.



HERRÅKRA armchair goes just as well in a lounge area as in a waiting room or reception.

## Side tables and laptop tables



MITTZON laptop table is ideal for creating a small workspace to check emails in a lobby. It is foldable and easy to move to where it is needed.



The laptop table is height adjustable and can also be used as a stand for presentations.



Versatile TUNSTA side table is designed to complete our modern-styled sofas. Use it as a coffee table or as a side table.

## FRÖSET easy chair



Comfort is built in – the generous and slightly bent seat, the rounded shape of the backrest and the angle between them helps you to sit relaxed.



Clean Scandinavian design made entirely of layer-glued wood.



The table top's smooth finish and square shape is a functional solution for any office.



# Key features

## Dining tables



**RÖNNINGE bar table.** A stable construction in solid wood and hardwood veneer that makes each table unique, with varying grain patterns and natural colour shifts that are part of the charm of wood.



**RÖNNINGE bar table.** Durable and hard-wearing; meets the requirements on furniture for public use.



**MÖRBYLÅNGA table.** The table has a full plank design that gives it an authentic plank expression with a genuine wood feeling.



**STENSELE table.** A round café table with a sleek and stable design that's perfect for casual chit chat and a bite to eat whether in a restaurant or office setting.



**STENSELE table.** A square café table with a sleek and stable design that's perfect for casual chit chat and a bite to eat whether in a smaller office or conference setting.



**STENSELE bar table.** A round bar table with a sleek and stable design that's perfect for casual chit chat and a bite to eat whether in a restaurant or office setting.



**NORRÅKER table.** Each table expresses straightforward Scandinavian design in birch with varying grain patterns and natural colour shifts. Approved for public use.

## Dining chairs



**RÖNNINGE bar stool** is made of birch which gives it a genuine feel and a hardwearing surface that will last for years and grow more graceful with age.



**YNGVAR bar stool.** The clean, simple design is easy to place in a restaurant, café or quick seating zone.



A perfect match with **KLIMPFJÄLL dining table** and other tables with space for 3 or more on either side.



**YNGVAR chair.** Hang the chair on the table to clear the floor space for easy cleaning.



**JANINGE bar stool.** Durable enough for restaurant use – with a design you want to take home.



**KYRRE stool.** This stackable, 3-legged stool with bent legs and triangular-shaped seat is a great little accent that's comes in handy when you need extra seating.



**RÖNNINGE chair.** The solid hardwood is durable and sturdy - able to withstand many years of heavy use.



The grains of the wood are visible and create a warm and natural expression.

# Bathrooms

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A well-designed and harmonious bathroom at the workplace reflects attention to details and contributes to an overall positive workplace environment. At IKEA, we offer a wide range of bathroom furniture with different styles and functions but if you are looking to create a sense of calm with a clean and straightforward expression, take a closer look at our HAVBÄCK family which comes with a 10-year guarantee.





# Lighting and accessories

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Good lighting plays an important role in enhancing productivity and well-being in the workplace. Not only does it help to increase the aesthetic appeal, good lighting also helps to prevent tiredness as well as strain on eyes, neck and back as a result of weak or poorly directed light. The IKEA range includes different types of lighting to cover your very needs, it also has accessories such as bulbs, cables, sockets, cable holders and more to make your place of work efficient and comfortable.







# Different types of lighting for your workspace

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When furnishing your workspace with light, it is good to know how different types of lamps spread light and how they can be combined to fulfil the various needs in the office. Good workspace lighting includes a combination of task lighting, general lighting and daylight that does not produce glare or reflections on the work surface. It also requires mood lighting to reduce sharp contrasts.

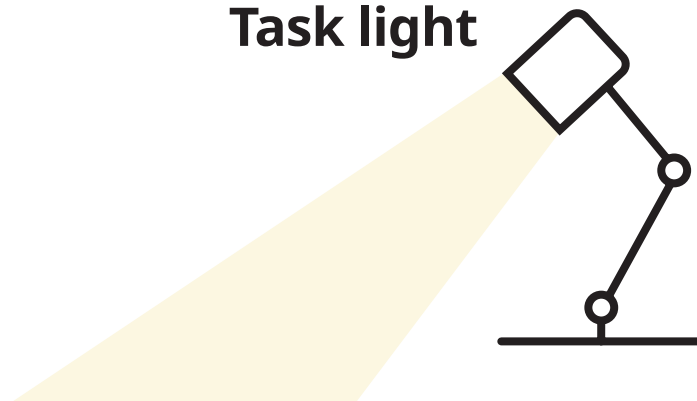
## General light



## Mood light



## Task light



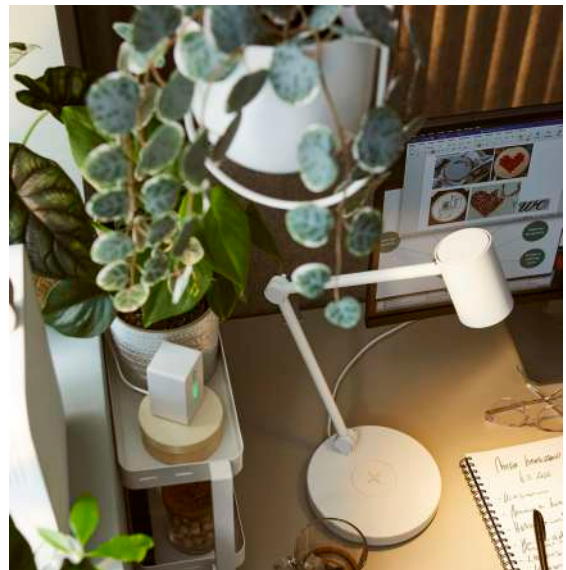
## General light

General lighting, often from ceiling lighting provides a uniform light level throughout the entire room. It does not create significant shadows or sharp contrasts between lit and unlit areas. This type of lighting is ideal to create a good overview. Larger spaces often require larger fixtures to spread light. Larger pendant lamps can be a good way to spread an even light while enhancing the style of your interior. If you don't want the ceiling lighting to be the focal point, you can choose more discreet ceiling lamps.



## Task light

Task lighting provides a concentrated beam of light over a limited area to enable specific tasks such as working at the desk or computer, or reading documents in a lounge area. Desk lamps and floor lamps with adjustable arms and head for directing light are good choices for flexible and effective task lighting.



## Mood light

Mood lighting softens the contrasts between general and task light to create a cosy, intimate setting. To create inviting mood lighting, you can place table lamps in windows, shelves and cabinets where they illuminate at a suitable height. Floor lamps can be placed to light up dark corners. With little effort, your workplace becomes more appealing, relaxing and enjoyable to work in.



## Complete your combination with lighting

### How to build

SKYDRAG LED lighting strip is easy to install on your own.

- For MITTZON frame with castors, choose the 80 cm wide lighting strip to get sufficient light over the width of the frame. Place one lighting strip on the metal bar above each display shelf and/or container that you want to illuminate. You can easily hide the cable(s) inside the MITTZON frame for a tidy look.
- Connect each lighting strip to the TRÅDFRI driver (sold separately) and connect the driver to the plug using FÖRNIMMA power supply cord (sold separately). Hide the driver and cables inside the cable box at the bottom of the frame.
- You can easily turn on/off and dim your lighting or control the entire combination at the same time when you pair RODRET wireless dimmer or STYRBAR remote control with TRÅDFRI driver (sold separately).
- It is also possible to connect the lighting (and other smart products in our range, such as speakers or air purifiers), to the DIRIGERA hub (sold separately) which allows you to control them via the IKEA Home smart app on your mobile phone.

**Note:** You can connect several lighting strips to TRÅDFRI driver as long as the total wattage does not exceed the driver wattage.

### Basic parts



SKYDRAG  
LED worktop/wardrobe  
lighting strip with sensor




TRÅDFRI  
LED driver



FÖRNIMMA  
power supply cord



RODRET  
wireless dimmer

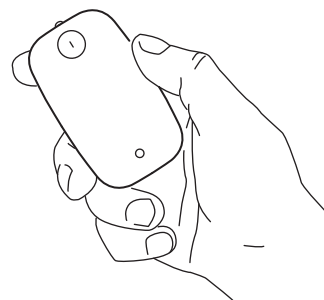
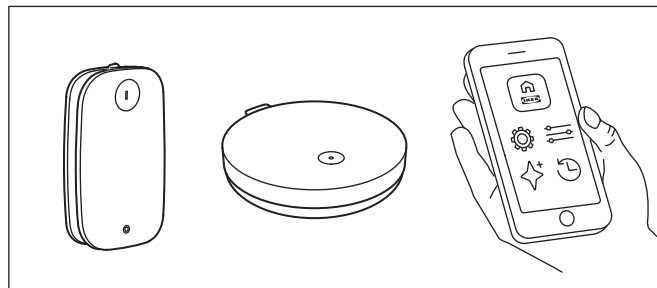
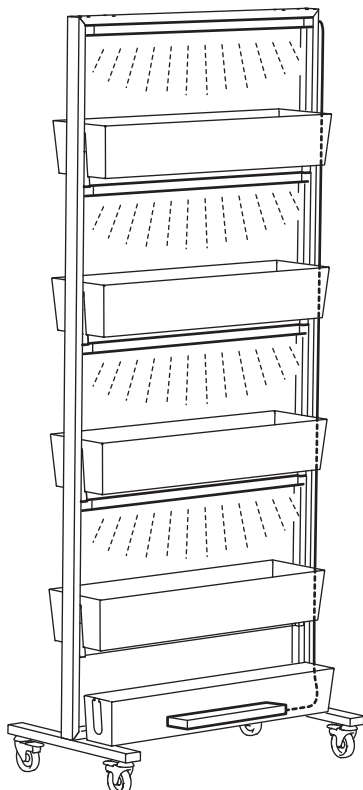


STYRBAR  
remote control

### Installation accessories



DIRIGERA hub





# Greenery and wall decoration

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Enhancing your office space with carefully selected wall decoration and greenery may be just what you need to make your space feel more inviting, comfortable and inspirational. A large print with an inspirational motif, a framed message to reflect your company's mission or a mirror to add both style and practical use. Small details like these can make a big difference. When you also include some plants and pots, you not only enhance the aesthetic appeal, you are making the environment more vibrant and harmonious.







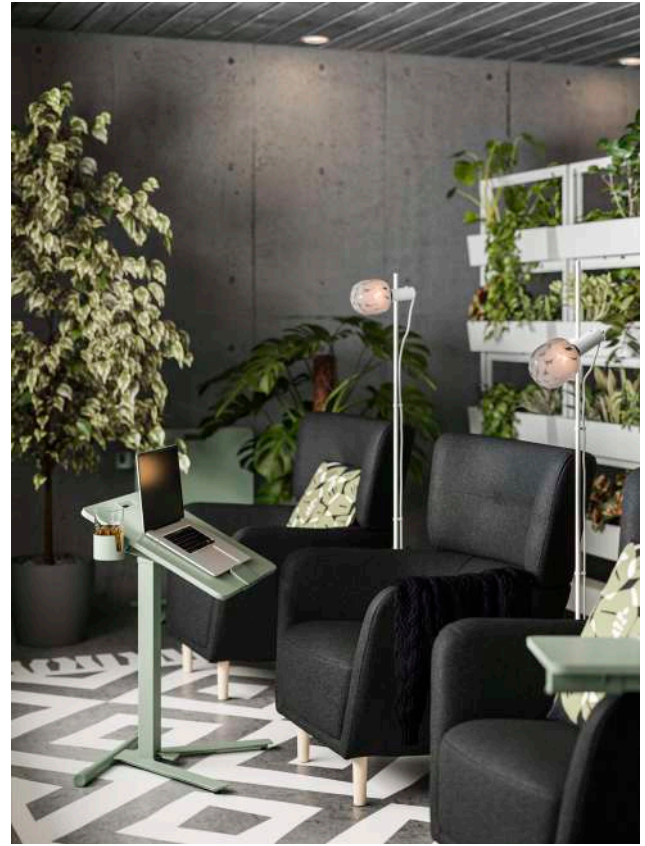
# Let the greenery work

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Invite greenery in to your workspace and let the vibrant, lush leaves inspire. Choose your favourite plants, from small to large, and combine with suitable plant pots from our large selection to create a style and look that harmonises with your office. If you are looking for less maintenance, artificial greenery may be the perfect choice – they look fresh and stay happy without the need for sunshine or watering.







### Cultivate great ideas in your green oasis

Add a pop of green with small plants on a desk or shelf, or use large plants to create an impactful impression. Large plants or multiple small plants together can also be functional in unexpected ways – why not use them as lush room dividers to partially screen off an area, creating a feeling of privacy in your own calm oasis?



# Wall decoration

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Dress your walls with function and personality!

Where there's a wall there's an opportunity to enhance the atmosphere in your workspace while also adding practical benefits. Whether it's a wall space in the entrance, meeting room or office canteen, our range includes a wide variety of wall decorations to help complete your workspace.







### Wall frames

A message or motif in a frame can turn a wall into a point of interest. LOMVIKEN and RÖDALM frames come in sleek designs that blend easily in most office spaces. Ideal for framing inspirational quotes, information or artwork.



### Pictures and artwork

Have a large empty wall? BJÖRKSTA pictures with frames offer a variety of motifs so you can pick the perfect one for your office space, lounge area or waiting room – all are generously sized to make an impression.



### Wall clocks

Every room in the office can do with a clock on the wall. Our range includes a variety of wall clocks that bring character and practical function to the workspace. BRAVUR wall clock is ideal for large, open spaces like the entrance or office canteen. The smaller BONDIS and PUGG wall clocks are perfect for meeting rooms and hallways.



### Decorations

Textiles on walls can add detail and warmth to the room. Decorative NÄVERHÄGG panels up the cosy factor and can help dampen sound levels – they can also be used as pinboards to hang notes.



### Mirrors

A good mirror is essential for checking your hair and outfit when arriving at or leaving the office. Timeless LINDBYN and NISSEDAL mirrors come in a variety of shapes and sizes and are a perfect complement to the coatroom.



### Photo frames

A small, standing frame like FIKONTRÄD, is perfect for displaying information in a dining area or at a reception desk.



# Services

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Our broad service offer gives you the freedom to decide how much you want to do yourself and how much you want us to do for you.

Below you'll find all the services that we can offer, and how much each of them costs.



## Interior Design

Start from: **Rp1.500.000**

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## Measurement

Start from: **Rp500.000**

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## Delivery

Start from: **Rp169.000**

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## Installation & Assembly

**9% from the product price**

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